§ 1646. Application of article. This article shall not apply with respect to state highways maintained by the state which are controlled-access highways outside of cities having a population in excess of one million, nor to highways under the jurisdiction of the New York state thruway authority, a regional state park commission, a county park commission, a parkway authority, a bridge authority, or a bridge and tunnel authority, except that this article shall apply to any portion of the New York state thruway that is located within a city having a population in excess of one million.