§ 131-b. Fees for services. If and only to the extent the imposition of a fee is required by federal law and regulation to insure continued full federal financial participation in the state's plan for services under applicable federal law and regulations, the department shall, by regulation, require a local social services district to impose a fee for any service made available by that district to an individual who is not a recipient of public assistance and care. This section shall not apply to fees for day care services as authorized by title five of article six of this chapter.