§ 375. Certain cities; actions to restrain nuisances. The commissioner of health or health officer of a city having a population of less than one hundred seventy-five thousand, is authorized, by and with the advice and consent of the corporation counsel or city attorney, in the name of the city to maintain actions to restrain the threatened performance or the continued performance of any act contrary to his orders, directions, decisions or ordinances, and to restrain and abate nuisances, and for the purpose of obtaining a temporary injunction in any such action no undertaking shall be required.