§ 171. Regulations governing the long term care insurance plan. 1. The president, subject to the provisions of this article, is hereby empowered to establish such regulations as may be required for the effective administration of this article.

2. Notwithstanding any inconsistent provision of this article, no rule or regulation shall be adopted, repealed or amended, and no other action taken with respect to state employees affecting the rate or eligibility for benefits under this article, without the approval of the director of employee relations.