§ 1504. Executions issued out of this court; requisites. An execution issued out of this court may be levied only against personal property of the judgment-debtor. It shall be directed either to a marshal or the sheriff of the city of New York, and if directed to the sheriff it must be delivered to the office of the sheriff in the county in which it is to be levied. It must be subscribed by either the clerk of the court in the county in which the judgment was entered, or the attorney for the judgment-creditor, and must bear, in addition to such other matter as is required by the CPLR, the date of its delivery. It may be levied in any part of the city of New York, and for such purpose it is not necessary that the judgment have been docketed with any county clerk.