

STATE OF NEW YORK

1713

2025-2026 Regular Sessions

IN SENATE

January 13, 2025

Introduced by Sen. BROUK -- read twice and ordered printed, and when printed to be committed to the Committee on Insurance

AN ACT to amend the insurance law, in relation to expanding the existing definition of wellness programs

The People of the State of New York, represented in Senate and Assembly, do enact as follows:

1 Section 1. Paragraphs 11 and 12 of subsection (b) of section 3239 of
2 the insurance law, as amended by chapter 3 of the laws of 2024, are
3 amended and a new paragraph 13 is added to read as follows:

4 (11) a preventive care program, screenings (including biometric
5 screenings), or chronic disease management program; ~~and~~

6 (12) a stress management program, including participation in a medi-
7 tation or sleep improvement program~~[-]; and~~

8 (13) a program to address impacts of technology use on the mental and
9 physical wellbeing of youth.

10 § 2. This act shall take effect on the ninetieth day after it shall
11 have become a law.

EXPLANATION--Matter in italics (underscored) is new; matter in brackets
[-] is old law to be omitted.

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