STATE OF NEW YORK

10742

IN SENATE

November 16, 2026

Introduced by Sen. JACKSON -- read twice and ordered printed, and when printed to be committed to the Committee on Rules

AN ACT to amend the education law, in relation to requiring physicians to take two hours of continuing education on eating disorders every four years

The People of the State of New York, represented in Senate and Assembly, do enact as follows:

Section 1. The education law is amended by adding a new section 6505-f to read as follows:

§ 6505-f. Course work or training in eating disorders. 1. Every physician practicing in the state of New York shall complete, within two years of licensure and every four years thereafter, a course or courses of evidence-based instruction approved by the department concerning eating disorders that provides at least two hours of continuing medical education. A course satisfying the requirements of this section shall be based upon current peer-reviewed scientific evidence and generally accepted clinical standards. The instruction required by this section shall address, without limitation:

a. the recognition of anorexia nervosa, bulimia nervosa, binge-eating disorder, avoidant/restrictive food intake disorder, other specified feeding or eating disorders or other clinically significant eating disorder presentations;

b. behavioral and physical signs associated with restrictive eating, binge eating, purging, compulsive exercise, avoidant or restrictive intake, rapid or substantial weight change and malnutrition;

c. recognition that an eating disorder and associated medical instability may occur across a range of body sizes and that body mass index, body weight and physical appearance must be considered together with other relevant clinical information;

d. recognition of eating disorders among patients of different ages, sexes, racial and ethnic backgrounds, body sizes and athletic statuses;

e. cardiovascular, metabolic, gastrointestinal, endocrine, neurological, skeletal, reproductive and other medical complications associated with eating disorders;

EXPLANATION--Matter in *italics* (underscored) is new; matter in brackets [-] is old law to be omitted.

LBD16495-01-6

f. the assessment of potential medical instability, including the clinical circumstances in which evaluation of vital signs, laboratory testing, electrocardiographic evaluating or other medical assessment may be indicated;

g. the appropriate use and limitations of evidence-based eating disorder screening instruments when clinically indicated and the distinction between a positive screen result and a diagnosis;

h. suicide and self-harm risk associated with eating disorders and relevant psychiatric comorbidities;

i. clinical findings and circumstances that may warrant urgent medical evaluation, hospitalization, consultation or treatment at a higher level of care;

j. the role of multidisciplinary treatment and appropriate referral to qualified healthcare professionals; and

k. effective communication with patients and families concerning suspected eating disorders, medical risk, further evaluation and appropriate care.

2. Each physician shall document to the department at the time of registration commencing with the first registration after the effective date of this section that such physician has completed coursework or training in accordance with this section. The department shall provide an exemption from this requirement to any physician who requests such an exemption and who (i) clearly demonstrates to the department's satisfaction that there would be no need for them to complete such coursework because of the nature of their practice or (ii) that they have completed course work deemed by the department to be equivalent to course work approved by the department pursuant to this section.

§ 2. This act shall take effect one year after it shall have become a law. Effective immediately, the addition, amendment and/or repeal of any rule or regulation necessary for the implementation of this act on its effective date are authorized to be made and completed on or before such date.