# STATE OF NEW YORK

10457

# IN SENATE

May 15, 2026

Introduced by Sens. BOTTCHER, BROUK, GIANARIS, HINCHEY, KRUEGER, LIU, RIVERA, SALAZAR -- read twice and ordered printed, and when printed to be committed to the Committee on Education

AN ACT to amend the education law, in relation to requiring schools to include instruction on the prevention of eating disorders as an integral part of their health education programs

**The People of the State of New York, represented in Senate and Assembly, do enact as follows:**

Section 1. The section heading of section 804 of the education law, as amended by chapter 390 of the laws of 2016, is amended and a new subdivision 5-a is added to read as follows:

Health education regarding mental health, alcohol, drugs, tobacco abuse**, eating disorders** and the prevention and detection of certain cancers.

**5-a. All schools shall include, as an integral part of health education provided for all students in grades six through twelve, instruction regarding the prevention of eating disorders as a component of their nutrition programs. Such instruction shall be designed according to the age-appropriate needs and abilities of the pupils at successive grade levels, with the purpose of fostering and developing healthy self-image and preparing pupils to live healthy lives. In developing such instruction, the commissioner may consult with the comprehensive care centers for eating disorders established pursuant to article thirty of the mental hygiene law.**

§ 2. This act shall take effect on the first of September next succeeding the date upon which it shall have become a law. Effective immediately, the addition, amendment and/or repeal of any rule or regulation necessary for the implementation of this act on its effective date are authorized to be made on or before such date.

EXPLANATION--Matter in *italics* (underscored) is new; matter in brackets [-] is old law to be omitted.

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