Assembly Resolution No. 935

BY: M. of A. Levenberg

MEMORIALIZING Governor Kathy Hochul to proclaim Friday, February 6, 2026, as Wear Red for Women Day in the State of New York

WHEREAS, It is the sense of this Legislative Body to memorialize Governor Kathy Hochul to proclaim Friday, February 6, 2026, as Wear Red for Women Day in the State of New York, in conjunction with the American Heart Association's Go Red For Women National Campaign; and

WHEREAS, Heart disease is the number one killer of women, killing more women than men with about one in five deaths each year; and

WHEREAS, Among females 20 years and older, nearly 45% are living with some form of cardiovascular disease and less than 50% of women entering pregnancy in the United States have good heart health; and

WHEREAS, Overall, 10% to 20% of women will have a health issue during pregnancy, and high blood pressure, preeclampsia and gestational diabetes during pregnancy greatly increase a woman's risk for developing cardiovascular disease later in life; and

WHEREAS, Over half of high blood pressure deaths, otherwise known as hypertension or the "silent killer," are in women, and out of all women, 57.6% of Black females have hypertension - more than any other race or ethnicity; and

WHEREAS, February is designated as American Heart Month, and Friday, February 6, 2026, is National Wear Red Day in recognition of the importance of the ongoing fight against heart disease and stroke; and

WHEREAS, Go Red For Women is the American Heart Association's national call for women by women, to take charge of their health and live stronger, healthier lives; Go Red For Women combines style with substance, and the red dress and the color red are the American Heart Association's symbols for women and heart disease; the campaign helps raise donations to fund research to help save lives; and

WHEREAS, The American Heart Association, the largest voluntary health organization dedicated to fighting heart disease and stroke, continues to take a leadership role in educating women about the risks of this devastating disease; and

WHEREAS, The American Heart Association launched Go Red For Women, driving home the message to women that heart disease is their leading cause of death, a fact most women still do not know; and

WHEREAS, The Go Red For Women movement empowers women with the knowledge and tools they need to take charge of their health and urges women to take action now; and

WHEREAS, Go Red For Women helps to provide women with information on healthy eating, exercise, and risk factor reduction, such as smoking cessation, weight maintenance, blood pressure control and blood cholesterol management; and

WHEREAS, It is the intent of this Legislative Body to join the American Heart Association in encouraging women across New York State to Go Red For Women so they have the best chance at fighting heart disease, the number one killer of women, and to make heart health a top priority so they can live longer, stronger lives; now, therefore, be it

RESOLVED, That this Legislative Body pause in its deliberations to memorialize Governor Kathy Hochul to proclaim Friday, February 6, 2026 as Wear Red For Women Day in the State of New York; and be it further

RESOLVED, That a copy of this Resolution, suitably engrossed, be transmitted to The Honorable Kathy Hochul, Governor of the State of New York.