

**BY:** M. of A. Steck

**CONGRATULATING** Fayth Goodspeed of Niskayuna High School upon the occasion of capturing the Girls 100 Yard Breaststroke title at the NYSPHSAA Girls Swimming and Diving Championship on November 22, 2025

**WHEREAS,** Individual and team championships are highly sought after in high school sports; this Legislative Body commends rare athletic achievements and pays special recognition to those who pursue such excellence and become examples for the youth of this great Empire State; and

**WHEREAS,** Athletic competition helps to enhance both the moral and physical development of young athletes, preparing them for the future by instilling in them the importance of teamwork, encouraging a standard of healthy living, and developing a sense of fair play and competition; and

**WHEREAS,** This Legislative Body is justly proud to congratulate high school senior Fayth Goodspeed upon the occasion of capturing the Girls 100 Yard Breaststroke title at the NYSPHSAA Girls Swimming and Diving Championship on Saturday, November 22, 2025, held at the Webster High School Aquatic Center in Webster, New York; and

**WHEREAS,** The victory secured Fayth Goodspeed her second consecutive State Championship in the event with a personal best time of 1:02.79; and

**WHEREAS,** Prior to her success at the state level, Fayth Goodspeed won the NYSPHSAA Section 2, Division 1 Championship, with a time of 1:03.57 on November 8, 2025, at the Shenendehowa Aquatic Center in Clifton Park, New York in front of a capacity crowd and a fan base of family, friends, and teammates; and

**WHEREAS,** The athletic talent displayed by Fayth Goodspeed is due in great part to the efforts of Coach Amanda Nappi, the team's expert coaching staff, and skilled and inspirational tutors, respected for their ability to develop potential into excellence; and

**WHEREAS,** Fayth Goodspeed 's overall record is outstanding; she was loyally and enthusiastically supported by her family, teammates, friends and the community at large throughout her journey; and

**WHEREAS,** For her outstanding meet season, Fayth Goodspeed was recognized by the Times Union, a longtime Capital Region newspaper as the 2025 Girls' Swimming and Diving Athlete of the Year; and

**WHEREAS,** Sports competition instills the values of teamwork, pride, and accomplishment, and Fayth Goodspeed has clearly contributed to the spirit of excellence which is a tradition of her school; now, therefore, be it

**RESOLVED,** That this Legislative Body pause in its deliberations to congratulate Fayth Goodspeed upon the occasion of capturing the Girls 100 Yard Breaststroke title at the NYSPHSAA Girls Swimming and Diving Championship on November 22, 2025; and be it further

**RESOLVED,** That copies of this Resolution, suitably engrossed, be transmitted to Fayth Goodspeed, Coach Amanda Nappi, and Niskayuna High School Athletic Director Larry Gillooley.