

**BY:** M. of A. Solages

**MEMORIALIZING** Governor Kathy Hochul to proclaim  
May 2025, as Trauma-Informed Care Month in the State  
of New York

**WHEREAS**, Traumatic experiences affect millions of individuals in New York State and can affect the mental, emotional, physical, spiritual, economic, and social well-being of an individual; and

**WHEREAS**, Adverse childhood experiences, referred to as "ACEs," can be traumatizing and, if not recognized, can affect health across the lifespan of an individual and, in some cases, result in a shortened lifespan; and

**WHEREAS**, ACEs are recognized as a proxy for toxic stress, which can affect brain development and can cause a lifetime of physical, mental, and social challenges; and

**WHEREAS**, ACEs and trauma are determinants of public health problems in New York State such as obesity, addiction, and mental illness; and

**WHEREAS**, Trauma-informed care is an approach that can bring greater understanding and more effective ways to support and serve children, adults, families, and communities affected by trauma; and

**WHEREAS**, Trauma-informed care is not a therapy or an intervention, but a principle-based, culture-change process aimed at recognizing strengths and resiliency, as well as helping people who have experienced trauma to overcome those issues in order to lead healthy and positive lives; and

**WHEREAS**, Adopting trauma-informed approaches in workplaces, communities, and government programs can aid in preventing mental, emotional, physical, and social issues for people impacted by toxic stress and trauma; and

**WHEREAS**, Trauma-informed care has been promoted and established in communities across New York State, including many different uses of trauma-informed care being utilized by various types of entities; and

**WHEREAS**, The Department of Family Assistance and the Department of Mental Hygiene provides substantial resources to better engage individuals and communities across New York State to implement trauma-informed care; and

**WHEREAS**, Numerous state agencies have integrated trauma-informed approaches into programs and grants that those agencies administer, and those agencies could benefit from closer collaboration; and

**WHEREAS**, State recognition through a trauma-focused awareness month will help to deepen the understanding of the nature and impact of

trauma, the importance of prevention, the impact that ACEs can have on brain development, and the benefits of trauma-informed care; now, therefore, be it

**RESOLVED,** That this Legislative Body pause in its deliberations to memorialize Governor Kathy Hochul to proclaim May 2025, as Trauma-Informed Care Month in the State of New York; and be it further

**RESOLVED,** That a copy of this Resolution, suitably engrossed, be transmitted to The Honorable Kathy Hochul, Governor of the State of New York.