

Assembly Resolution No. 1538

**BY:** M. of A. Rules (Kelles)

**MEMORIALIZING** Governor Kathy Hochul to proclaim October 2026, as ADHD Awareness Month in the State of New York

**WHEREAS,** It is the custom of this Legislative Body to recognize official months that are set aside to increase awareness of serious issues that affect the lives of citizens of New York State; and

**WHEREAS,** Attendant to such concern, and fully in accord with its long-standing traditions, this Legislative Body is justly proud to memorialize Governor Kathy Hochul to proclaim October 2026, as ADHD Awareness Month in the State of New York; and

**WHEREAS,** Each October, this vital month of recognition aims to raise awareness and educate the public about ADHD, or Attention Deficit Hyperactivity Disorder; and

**WHEREAS,** ADHD is characterized by an ongoing pattern of inattention, hyperactivity, impulsivity, or a combination of these attributes; and

**WHEREAS,** ADHD often co-occurs with other disorders and conditions, such as conduct problems, learning disorders, sleep problems, anxiety, or depression, which can make the conditions harder to diagnose and treat; and

**WHEREAS,** The symptoms of ADHD can interfere with daily routines and obligations, impacting areas like school, work, social activities, and relationships; and

**WHEREAS,** Children with ADHD are at increased risk for injuries, social problems, family stress, and poor grades; teens and adults with ADHD are more likely to engage in risky behaviors, such as substance use and unsafe sexual activity; and

**WHEREAS,** Scientists have not yet identified the specific cause, but there is growing evidence to suggest that genetics contribute to ADHD; several genes have been linked to the disorder, but there is no specific gene or gene combination that has been identified as the cause of the disorder; and

**WHEREAS,** Treatment for ADHD typically encompasses a combination of therapy and medication intervention, with different medications having differing impacts on children, teens, and adults; and

**WHEREAS,** It is imperative that there be greater public awareness of this serious health concern, and more must be done to increase activity at the local, state, and national levels; now, therefore, be it

**RESOLVED,** That this Legislative Body pause in its deliberations to memorialize Governor Kathy Hochul to proclaim October 2026, as ADHD

Awareness Month in the State of New York; and be it further

**RESOLVED,** That a copy of this Resolution, suitably engrossed, be transmitted to The Honorable Kathy Hochul, Governor of the State of New York.