

Assembly Resolution No. 1530

BY: M. of A. Rules (Rosenthal)

MEMORIALIZING Governor Kathy Hochul to proclaim June 2026, as Cytomegalovirus Awareness Month in the State of New York

WHEREAS, The State of New York takes great pride in recognizing serious diseases by proclaiming official months to increase awareness of such concerns, which affect thousands of New Yorkers; and

WHEREAS, It is the sense of this Legislative Body to memorialize Governor Kathy Hochul to proclaim June 2026, as Cytomegalovirus Awareness Month in the State of New York; and

WHEREAS, In 2011, Congress passed a resolution naming June as National CMV Awareness Month; CDC takes this opportunity to increase awareness of congenital cytomegalovirus (CMV) among healthcare providers, pregnant women, and parents; and

WHEREAS, CMV is the most common viral infection transmitted from a pregnant woman to her unborn child, and the leading non-genetic cause of deafness in children; the majority of people who are infected with CMV have no signs or symptoms, and while there are no harmful side effects, it can be devastating to a fetus; and

WHEREAS, One in 200 children are born with congenital CMV and roughly 1 in 5 of those babies will have long-term health problems such as hearing loss, microcephaly, intellectual deficits and vision abnormalities; and

WHEREAS, Each year, 400 children die from congenital CMV, in part because the majority of infants are asymptomatic at birth; and

WHEREAS, In adults, the CDC estimates over half of adults have been infected with CMV by age 40; and

WHEREAS, CMV is also transmitted by contact with saliva and urine, often from diaper-wearing children to adults; pregnant women often get CMV from their toddlers, especially toddlers in day care, as nearly one in three children are infected by age five; and

WHEREAS, It is difficult for mothers to protect themselves from a virus carried by the children they care for, especially if they are unaware of the virus itself; less than one in five pregnant women are aware of cytomegalovirus; and

WHEREAS, Few women are warned about this infection, and according to a federal survey, less than half of obstetrician-gynecologists tell pregnant patients how to avoid CMV; and

WHEREAS, It is imperative that women are educated about the virus itself and simple preventative measures, such as not sharing food with

toddlers, and washing one's hands after changing infants and toddlers diapers; and

WHEREAS, A test for CMV can be done immediately upon receiving the results from the newborn infant hearing screening, which typically occurs at a facility before a newborn is discharged; and

WHEREAS, Significantly, infants who receive a timely diagnosis can be given hearing aids or access to early-intervention programs to have the best chance of learning to talk; recent evidence suggests that routine screening of newborns could allow infected infants to receive consistent monitoring and treatment if necessary, ultimately increasing his or her chance of optimized developmental care; now, therefore, be it

RESOLVED, That this Legislative Body pause in its deliberations to memorialize Governor Kathy Hochul to proclaim June 2026, as Cytomegalovirus Awareness Month in the State of New York; and be it further

RESOLVED, That a copy of this Resolution, suitably engrossed, be transmitted to The Honorable Kathy Hochul, Governor of the State of New York.