

Assembly Resolution No. 1462

**BY:** M. of A. Rules (Simon)

**MEMORIALIZING** Governor Kathy Hochul to proclaim  
May 2026, as Mental Health Awareness Month in the  
State of New York

**WHEREAS,** It is the sense of this Legislative Body to recognize the importance of Mental Health Awareness Month and to reaffirm New York State's commitment to ensuring that every individual has access to compassionate, equitable, and effective mental health care; and

**WHEREAS,** Mental health is an essential part of overall health and well-being, affecting individuals of every age, race, gender, culture, and socioeconomic background; and

**WHEREAS,** Millions of Americans experience mental health conditions each year, many of whom continue to face stigma, discrimination, barriers to care, and inadequate access to services; and

**WHEREAS,** Early intervention, community-based care, peer support, and access to culturally competent mental health services are critical to improving outcomes and helping individuals lead healthy and happy lives; and

**WHEREAS,** New York State is home to countless dedicated mental health professionals, peer advocates, family members, and nonprofit organizations who work tirelessly every day to support individuals struggling with mental health; and

**WHEREAS,** These organizations provide lifesaving services, crisis intervention, housing support, counseling, education, and resources while fighting to ensure that mental health care is treated with the same urgency and compassion as physical health care; and

**WHEREAS,** Mental Health Awareness Month serves as an opportunity to elevate public understanding, reduce stigma surrounding mental illness, honor those with lived experience, and recognize the extraordinary efforts of advocates and providers across New York State; now, therefore, be it

**RESOLVED,** That this Legislative Body pause in its deliberations to memorialize Governor Kathy Hochul to proclaim May 2026, as Mental Health Awareness Month in the State of New York; and be it further

**RESOLVED,** That a copy of this Resolution, suitably engrossed, be transmitted to The Honorable Kathy Hochul, Governor of the State of New York.