Assembly Resolution No. 1252

BY: M. of A. Bichotte Hermelyn

MEMORIALIZING Governor Kathy Hochul to proclaim May 4-10, 2026, as Postpartum Depression Awareness Week in the State of New York

WHEREAS, It is the custom of this Legislative Body to recognize observances working to raise awareness about serious mental and physical health issues that affect citizens of this great State; and

WHEREAS, Attendant to such concern, and in full accord with its long-standing traditions, this Legislative Body is justly proud to memorialize Governor Kathy Hochul to proclaim May 4-10, 2026, as Postpartum Depression Awareness Week in the State of New York; and

WHEREAS, Postpartum depression (PPD) is a serious mental health condition that affects approximately 1 in 7 women following childbirth, with symptoms that can significantly impact the well-being of mothers, infants, and families; and

WHEREAS, PD is often misunderstood or overlooked due to stigma, lack of awareness, and inadequate access to mental health resources and support; and

WHEREAS, Early identification, treatment, and community support are critical in helping individuals recover from postpartum depression and related mood disorders; and

WHEREAS, Increased public awareness and education about postpartum depression can help break the silence, reduce stigma, and ensure that all parents, whether welcoming their first child or expanding their families, receive the care and compassion they need; and

WHEREAS, Recognizing a dedicated week for postpartum depression will provide an opportunity for advocacy organizations, healthcare providers, and families to raise awareness, share resources, and support those affected by postpartum depression; now, therefore, be it

RESOLVED, That this Legislative Body pause in its deliberations to memorialize Governor Kathy Hochul to proclaim May 4-10, 2026, as Postpartum Depression Awareness Week in the State of New York; and be it further

RESOLVED, That a copy of this Resolution, suitably engrossed, be transmitted to The Honorable Kathy Hochul, Governor of the State of New York.