

Assembly Resolution No. 1056

BY: M. of A. Tapia

MEMORIALIZING Governor Kathy Hochul to proclaim March 2026, as Kidney Disease Awareness Month in the State of New York

WHEREAS, It is the sense of this Legislative Body to memorialize Governor Kathy Hochul to proclaim March 2026, as Kidney Disease Awareness Month in the State of New York, in conjunction with the observance of National Kidney Month; and

WHEREAS, Chronic kidney disease (CKD) is a major health problem affecting 1.5 million New Yorkers and an estimated 30 million people nationwide; and

WHEREAS, CKD is a progressive condition in which kidneys do not work as well as they should to filter waste, toxins, and fluids from your body; and

WHEREAS, CKD can progress quickly or take years to worsen, and is described as having five stages, and progression through each stage can eventually lead to kidney failure, also known as End Stage Renal Disease (ESRD), which can be treated with a kidney replacement or dialysis; and

WHEREAS, The incidence of ESRD is rising fast, with more than 546,000 Americans currently receiving treatment, including more than 500,000 dialysis patients and over 200,000 people with functioning kidney transplants; and

WHEREAS, Today, nearly 10,000 New Yorkers are on the transplant waiting list; New York State encourages all to join the State's tissue and organ donation registry; and

WHEREAS, Due to the fact that there are little to no signs of the condition, most individuals are not aware they have kidney disease until it reaches the later stages, thus making laboratory tests critical in the diagnosis; some symptoms of CKD can include changes in urination, swelling of the feet, ankles, hands, and/or face, fatigue, weakness, shortness of breath, ammonia breath or ammonia or metallic taste in mouth, back or flank pain, itching, loss of appetite, nausea, vomiting, and if diabetic, more hypoglycemic episodes; and

WHEREAS, Tragically, in 2016, more than 100,000 Americans died from end stage kidney disease; and

WHEREAS, Diabetes and hypertension are the two leading causes of chronic kidney disease which strikes minorities disproportionately; and

WHEREAS, African Americans are affected at a rate of nearly three times that of Caucasians; the number of new cases of kidney failure per million is 783 for African Americans and 295 for White Americans; Hispanics, Asians, Pacific Islanders, and Native Americans are also at

increased risk; and

WHEREAS, Also at particular risk are the elderly, as the chance of developing kidney disease increases significantly with age; and

WHEREAS, People afflicted with chronic kidney disease typically develop other chronic and life-threatening conditions such as cardiovascular disease; and

WHEREAS, Early intervention is the best method for managing the complications of chronic kidney disease; and

WHEREAS, The Northeast Kidney Foundation provides early intervention, community education and support programs for those suffering from chronic kidney disease; now, therefore, be it

RESOLVED, That this Legislative Body pause in its deliberations to memorialize Governor Kathy Hochul to proclaim March 2026, as Kidney Disease Awareness Month in the State of New York; and be it further

RESOLVED, That a copy of this Resolution, suitably engrossed, be transmitted to The Honorable Kathy Hochul, Governor of the State of New York.