

# STATE OF NEW YORK

1940

2025-2026 Regular Sessions

## IN ASSEMBLY

January 14, 2025

Introduced by M. of A. RAJKUMAR -- read once and referred to the Committee on Labor

AN ACT to amend the workers' compensation law, in relation to providing four days of paid leave for menstrual complications and menopause

The People of the State of New York, represented in Senate and Assembly, do enact as follows:

1 Section 1. Short title. This act shall be known and may be cited as  
2 the "New York menstrual and menopause act".

3 § 2. Paragraph B of subdivision 9 of section 201 of the workers'  
4 compensation law, as amended by chapter 352 of the laws of 1981, is  
5 amended to read as follows:

6 B. "Disability" also includes disability caused by or in connection  
7 with a pregnancy or menstrual complications or menopause.

8 § 3. Section 201 of the workers' compensation law is amended by adding  
9 two new subdivisions 25 and 26 to read as follows:

10 25. "Menstrual complications" includes hypothyroidism, fibroids,  
11 menorrhagia, endometriosis, and polycystic ovary syndrome (PCOS).

12 26. "Menopause" includes symptoms such as vasomotor symptoms including  
13 hot flashes and night sweats, chills, sleep problems, hormonal/emotional  
14 imbalances, weight gain and slowed metabolism.

15 § 4. Paragraph (c) of subdivision 15 of section 201 of the workers'  
16 compensation law, as added by section 2 of part SS of chapter 54 of the  
17 laws of 2016, is amended and a new paragraph (d) is added to read as  
18 follows:

19 (c) because of any qualifying exigency as interpreted under the family  
20 and medical leave act, 29 U.S.C.S § 2612(a)(1)(e) and 29 C.F.R.  
21 S.825.126(a)(1)-(8), arising out of the fact that the spouse, domestic  
22 partner, child, or parent of the employee is on active duty (or has been  
23 notified of an impending call or order to active duty) in the armed  
24 forces of the United States[-]; or (d) to seek services for menstrual  
25 complications and menopause including, but not limited to, medical

EXPLANATION--Matter in italics (underscored) is new; matter in brackets  
[-] is old law to be omitted.

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1 attention for any physical or psychological imbalances, and seeking  
2 physician assistance in order to deal with the effects of prescribed  
3 pharmaceuticals.

4 § 5. The workers' compensation law is amended by adding a new section  
5 204-a to read as follows:

6 § 204-a. Menstrual complications and menopause leave. In addition to  
7 any leave taken by an individual pursuant to section two hundred four of  
8 this article, an eligible employee may take an additional four days a  
9 month paid leave during any fifty-two-week calendar period for menstrual  
10 complications and menopause. An employee taking paid leave pursuant to  
11 the provisions of this section shall otherwise be treated as any other  
12 covered employee for the purposes of this chapter.

13 § 6. The department of financial services is authorized to take into  
14 account the provisions of this act when determining the maximum employee  
15 contribution for the paid family leave program pursuant to article 9 of  
16 the workers' compensation law.

17 § 7. This act shall take effect immediately.