STATE OF NEW YORK

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2023-2024 Regular Sessions

IN SENATE

January 4, 2023

Introduced by Sen. STEC -- read twice and ordered printed, and when printed to be committed to the Committee on Insurance

AN ACT to amend the insurance law and the social services law, in relation to requiring insurance and Medicaid coverage for inpatient and outpatient substance abuse treatment for a period of not less than forty-five days

The People of the State of New York, represented in Senate and Assembly, do enact as follows:

Section 1. Subparagraph (A) of paragraph 30 of subsection (i) of 2 section 3216 of the insurance law, as amended by section 5 of subpart A of part BB of chapter 57 of the laws of 2019, is amended to read as follows:

- (A) Every policy that provides hospital, major medical or similar comprehensive coverage shall provide inpatient coverage for the diagnosis and treatment of substance use disorder, including detoxification and rehabilitation services, for a period of not less than forty-five days. Such inpatient coverage shall include unlimited medically neces-10 sary treatment for substance use disorder treatment services provided in 11 residential settings. Further, such inpatient coverage shall not apply 12 financial requirements or treatment limitations, including utilization 13 review requirements, to inpatient substance use disorder benefits that 14 are more restrictive than the predominant financial requirements and 15 treatment limitations applied to substantially all medical and surgical 16 benefits covered by the policy.
- § 2. Subparagraph (A) of paragraph 31 of subsection (i) of section 3216 of the insurance law, as amended by section 6 of subpart A of part 19 BB of chapter 57 of the laws of 2019, is amended to read as follows:
- 20 (A) Every policy that provides medical, major medical or similar comprehensive-type coverage shall provide outpatient coverage for the 21 diagnosis and treatment of substance use disorder, including detoxifica-23 tion and rehabilitation services, for a period of not less than forty-

EXPLANATION--Matter in italics (underscored) is new; matter in brackets [-] is old law to be omitted.

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five days. Such coverage shall not apply financial requirements or 2 treatment limitations to outpatient substance use disorder benefits that are more restrictive than the predominant financial requirements and treatment limitations applied to substantially all medical and surgical benefits covered by the policy.

- § 3. Subparagraph (A) of paragraph 6 of subsection (1) of section 3221 of the insurance law, as amended by section 15 of subpart A of part BB of chapter 57 of the laws of 2019, is amended to read as follows:
- (A) Every policy that provides hospital, major medical or similar comprehensive coverage shall provide inpatient coverage for the diagnosis and treatment of substance use disorder, including detoxification and rehabilitation services, for a period of not less than forty-five days. Such inpatient coverage shall include unlimited medically neces-13 sary treatment for substance use disorder treatment services provided in residential settings. Further, such inpatient coverage shall not apply financial requirements or treatment limitations, including utilization review requirements, to inpatient substance use disorder benefits that are more restrictive than the predominant financial requirements and treatment limitations applied to substantially all medical and surgical 20 benefits covered by the policy.
 - § 4. Subparagraph (A) of paragraph 7 of subsection (1) of section 3221 the insurance law, as amended by section 16 of subpart A of part BB of chapter 57 of the laws of 2019, is amended to read as follows:
 - (A) Every policy that provides medical, major medical or similar comprehensive-type coverage shall provide outpatient coverage for the diagnosis and treatment of substance use disorder, including detoxification and rehabilitation services, for a period of not less than fortyfive days. Such coverage shall not apply financial requirements or treatment limitations to outpatient substance use disorder benefits that are more restrictive than the predominant financial requirements and treatment limitations applied to substantially all medical and surgical benefits covered by the policy.
 - § 5. Paragraph 1 of subsection (k) of section 4303 of the insurance law, as amended by section 26 of subpart A of part BB of chapter 57 of the laws of 2019, is amended to read as follows:
 - (1) Every contract that provides hospital, major medical or similar comprehensive coverage shall provide inpatient coverage for the diagnosis and treatment of substance use disorder, including detoxification and rehabilitation services, for a period of not less than forty-five days. Such inpatient coverage shall include unlimited medically necessary treatment for substance use disorder treatment services provided in residential settings. Further, such inpatient coverage shall not apply financial requirements or treatment limitations, including utilization review requirements, to inpatient substance use disorder benefits that are more restrictive than the predominant financial requirements and treatment limitations applied to substantially all medical and surgical benefits covered by the contract.
 - § 6. Paragraph 1 of subsection (1) of section 4303 of the insurance law, as amended by section 27 of subpart A of part BB of chapter 57 of the laws of 2019, is amended to read as follows:
 - (1) Every contract that provides medical, major medical or similar comprehensive-type coverage shall provide outpatient coverage for the diagnosis and treatment of substance use disorder, including detoxification and rehabilitation services, for a period of not less than fortyfive days. Such coverage shall not apply financial requirements or treatment limitations to outpatient substance use disorder benefits that

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are more restrictive than the predominant financial requirements and treatment limitations applied to substantially all medical and surgical benefits covered by the contract.

- § 7. Paragraph (c) of subdivision 2 of section 365-a of the social services law, as amended by section 12-a of part C of chapter 60 of the laws of 2014, is amended to read as follows:
- 7 (c) out-patient hospital or clinic services in facilities operated in 8 compliance with applicable provisions of this chapter, the public health law, the mental hygiene law and other laws, including any provisions 9 10 thereof requiring an operating certificate or license, including facili-11 ties authorized by the appropriate licensing authority to provide inte-12 grated mental health services, and/or alcoholism and substance abuse services, and/or physical health services, and/or services to persons 13 14 with developmental disabilities, when such services are provided at a 15 single location or service site, or where such facilities are not 16 conveniently accessible, in any hospital located within the state and 17 care and services in a day treatment program operated by the department of mental hygiene or by a voluntary agency under an agreement with such 18 department in that part of a public institution operated and approved 19 20 pursuant to law as an intermediate care facility for persons with devel-21 opmental disabilities; and provided, that alcoholism and substance abuse services shall be covered for a period of not less than forty-five days; 23 and provided further, that the commissioners of health, mental health, 24 alcoholism and substance abuse services and the office for people with 25 developmental disabilities may issue regulations, including emergency 26 regulations promulgated prior to October first, two thousand fifteen 27 that are required to facilitate the establishment of integrated services 28 clinics. Any such regulations promulgated under this paragraph shall be 29 described in the annual report required pursuant to section forty-five-c 30 of part A of chapter fifty-six of the laws of two thousand thirteen;
 - § 8. Paragraph (n) of subdivision 2 of section 365-a of the social services law, as amended by chapter 558 of the laws of 1999, is amended to read as follows:
 - (n) care, treatment, maintenance and rehabilitation services that would otherwise qualify for reimbursement pursuant to this chapter to persons suffering from alcoholism in alcoholism facilities or chemical dependence, as such term is defined in section 1.03 of the mental hygiene law, in inpatient chemical dependence facilities, services, or programs operated in compliance with applicable provisions of this chapter and the mental hygiene law, and certified by the office of alcoholism and substance abuse services, provided however that such services shall be limited to such periods of time as may be determined necessary in accordance with a utilization review procedure established by the commissioner of the office of alcoholism and substance abuse services and that such services shall be covered for a period of not less than forty-five days, and provided further, that this paragraph shall not apply to any hospital or part of a hospital as defined in section two thousand eight hundred one of the public health law.
- § 9. This act shall take effect immediately and shall apply to all policies and contracts issued, renewed, modified, altered or amended on or after such date.