# STATE OF NEW YORK

348

2023-2024 Regular Sessions

## IN ASSEMBLY

January 6, 2023

Introduced by M. of A. L. ROSENTHAL, STECK, WEPRIN, LUPARDO -- read once and referred to the Committee on Higher Education

AN ACT to amend the public health law and the education law, in relation to chronic pain management

#### The People of the State of New York, represented in Senate and Assembly, do enact as follows:

1 Section 1. Legislative intent: The legislature hereby finds that 2 medical treatment of chronic pain in this state needs to be reexamined to enhance the ability to assess such condition, increase access to 3 4 appropriate care to treat and mitigate chronic pain, and improve the 5 quality of life for those afflicted with this condition. Currently chronic pain is most often treated by primary care providers who may б 7 have little training in the assessment and proper treatment of complex 8 chronic pain conditions. This, in turn, has led, in certain circumstances, to patients seeing multiple health care providers and experi-9 encing multiple and repeated diagnostic tests, that lead to inadequate 10 11 or unproven surgeries, prescription of unneeded or strong pain medications, with its consequential heightened possibility to lead to the long 12 13 term addiction to such strong pain medications, and the performance of 14 procedures or treatment regimens that are not able to successfully treat 15 or mitigate such chronic pain.

Further, the current practice of the repeated utilization of different health practitioners, tests and unnecessary medical procedures to treat such chronic pain is resulting in higher health care costs. These increased costs come from unnecessary visits to health care practitioners, more and longer hospital stays, performing unnecessary surgeries or other medical procedures, and unnecessary prescription of costly and dangerous drugs. This inefficient use of valuable health care resources is contributing to the rapidly increasing cost of providing health care. With the continuing aging of New York's general population, this trend may only continue to grow. Further, the consequences to patients

EXPLANATION--Matter in <u>italics</u> (underscored) is new; matter in brackets [-] is old law to be omitted.

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afflicted with chronic pain will continue to undermine the physical, social, economic and psychological well being of such patients, their families and loved ones. The current health care delivery system both over treats and undertreats those afflicted with chronic pain. Ideally, all patients subject to chronic pain should be able to obtain an appropriate assessment of the underlying conditions that cause such pain, followed by an appropriate plan of care that reflects the best practices currently available to prevent the adverse effects of pain. Such care should be provided in a coordinated manner that minimizes such chronic pain and is cost effective for the patient, health care delivery system, and for employers of such persons. In sum, the provision of chronic pain treatments needs a major reassessment to enhance assessment capabilities, increase access to appropriate care, improve the quality of care, and do so in a manner that minimizes the cost of providing such care. § 2. The public health law is amended by adding a new article 28-F to read as follows: ARTICLE 28-F CHRONIC PAIN MANAGEMENT Section 2899-k. Chronic pain management.

<u>§ 2899-k. Chronic pain management. 1. Definitions. The following words</u>
or phrases as used in this article shall have the following meanings:

(a) "chronic pain" shall mean consistent and significant physical pain 23 24 discomfort that lasts for an extended period of time beyond an acute or 25 physical injury or painful stimulus, and persists unabated for a period of time greater than six months. Further such condition impedes the 26 27 ability of such person from conducting many normal life activities, or impedes or leads to the loss of employment, or curtails the ability to 28 perform a number of previously executed physical employment tasks. Such 29 30 chronic pain may be associated with cancer pain, pain from chronic or 31 degenerative diseases or conditions, or from an unidentified cause.

32 (b) "chronic pain care certified medical school" shall mean a medical 33 school in the state which is an institution which grants a degree of 34 doctor of medicine or doctor of osteopathic medicine in accordance with regulations promulgated by the commissioner of education pursuant to 35 36 subdivision two of section sixty-five hundred twenty-four of the educa-37 tion law, and which meets the standards established pursuant to regulations promulgated by the commissioner, after consultation with the 38 39 council, that are used to determine whether a medical school is eligible 40 for funding pursuant to this section.

(c) "chronic pain care certified residency program" shall mean a grad-41 42 uate medical education program in the state which has received accredi-43 tation from a nationally recognized accreditation body for medical or 44 osteopathic residency programs, and which meets the standards established pursuant to regulations promulgated by the commissioner, after 45 46 consultation with the council, that are used to determine whether a 47 residency training program is eligible for funding pursuant to this 48 section.

### 49 (d) "council" shall mean the state chronic pain management education 50 and training council established by subdivision two of this section.

(e) "health care professionals" shall mean and include those health care professionals who regularly treat patients that have chronic pain, and includes, but is not limited to, acupuncturists, chiropractors, dentists, nurse practitioners, registered professional nurses, podiatrists, pharmacists, physicians, physical therapists, physician assistants, psychiatrists and occupational therapists.

"professional continuing education" or "continuing education" 1 (f) shall mean all professional continuing education programs required 2 either by state law or by professional associations authorized by the 3 4 education department to monitor the requirements of licensure, and to 5 conduct and approve professional continuing education requirements for a 6 health care profession. Such professions shall include, but not be 7 limited to, acupuncture, chiropractic, dentistry, nursing, podiatry, 8 pharmacy, medicine, physical therapy, physician assistance, psychology 9 and occupational therapy. 10 2. State chronic pain management education and training council. (a) 11 The state chronic pain management education and training council is 12 hereby established in the department to be an expert panel to advise the commissioner and commissioner of education on: (i) advances in the opti-13 14 mum treatment, management and best practices related to mitigating or 15 alleviating chronic pain, (ii) to promote better interdisciplinary and coordinated provision of care related to chronic pain management, (iii) 16 17 to develop new public policies related to advancing the teaching of such new treatments, management regimens, or best practices on chronic pain 18 management and care in chronic pain care certified medical schools and 19 20 chronic pain care certified residency programs, and (iv) develop guide-21 lines to assist the education department in establishing materials and 22 curricula to be used in providing professional continuing education programs for those health care professionals regulated by such depart-23 24 ment. 25 (b) The council shall be composed of twenty-five members appointed by the commissioner. The commissioner shall seek recommendations for 26 27 appointments to such council from health care professional, consumer, 28 medical institutional, medical educational leaders and other professional educational leaders from this state. The membership of the coun-29 30 cil shall include: nine representatives of medical schools and hospital 31 organizations; two representatives of medical academies; one acupunctu-32 rist licensed pursuant to section eighty-two hundred fourteen of the 33 education law; individual representatives of organizations broadly 34 representative of physicians, family physicians, primary care physicians, internal medicine, rheumatology, nursing, gerontology, hospice, 35 36 neurology, psychiatry, pediatrics, surgery, acupuncture, chiropractic 37 care, podiatric care, pharmacists or those professionals related to the prescription or manufacture of pain medications, emergency room health 38 39 care professionals, massage therapists, occupational and physical thera-40 py, patient advocates and the hospital philanthropic community; health care plan payors or insurers; the executive director or a member of the 41 42 New York state council on graduate medical education; and a member of 43 the New York state palliative care education and training council. 44 (c) The members of the council shall have expertise in the treatment and management of chronic pain and the care of patients that are 45 46 afflicted with chronic pain conditions. The term of such members shall 47 be four years and such terms may be renewed. Members shall receive no compensation for their services, but shall be allowed actual and neces-48 49 sary expenses in the performance of their duties. 50 (d) A chair and vice-chair of the council shall be elected annually by the council. The council shall meet upon the call of the commissioner or 51 52 the chair. The council may adopt regulations consistent with this 53 section. 54 (e) The commissioner shall designate such employees and provide for 55 other resources from the department as may be reasonably necessary to provide support and services for the work of the council. The council 56

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1	may employ additional staff and consultants and incur other expenses to
2	carry out its duties, to be paid for from amounts which may be made
3	available to the council for that purpose.
4	(f) The council may provide technical information and guidance to
5	health care professionals on the latest best practices, strategies,
6	therapies and medications to treat or manage chronic pain. Further, to
7	provide technical information and guidance to health care professionals
8	to encourage better coordinated care to treat or mitigate the pain
9	suffered by chronic pain patients.
10	3. Policies to be considered, examined and possibly advanced by the
11	council. The council shall consider and examine the following policies
12	and guidelines in the adoption of any rules and regulations:
13	(a) The treatment and care provided to patients that suffer chronic
14	pain should be centered in the primary care environment and foster coor-
15	dinated care between the various health care professional disciplines.
16	(b) Chronic pain management and care should be coordinated to help
17	minimize the dispensing of prescription drugs, avoid duplicative and
18	costly evaluations and diagnostic tests, and treatments to minimize
19	chronic pain.
20	(c) Development of chronic pain management and care techniques that
21	address discrepancies that may occur in the treatment of patients based
22	on race, ethnicity, gender, income level or age.
23	(d) Develop and promote the use of best practices to mitigate the
24	suffering of chronic pain in patients. The utilization of such best
25	practices can be promoted by: (i) the provision of professional continu-
26	ing education programs to all health care professionals on advances in
27	best practices in chronic pain management and care, and (ii) the devel-
28	opment of advances in best practices based on new research, clinical
29	experience, and the promotion of inter-disciplinary dialog and cooper-
30	ation between the various health care professionals.
31	(e) Encourage the wider use of coordinated health information technol-
32	ogy systems to track pain disorders, treatments, and outcomes as a mech-
33	anism to improve chronic pain care and to better integrate coordinated
34	care among the various treating health care professionals.
35	(f) Consider alterations in Medicaid and private payor reimbursement
36	rates and practices to encourage more optimum provision of quality
37	chronic pain management and care by all health care professionals.
38	(q) Encourage a balanced approach to regulate the distribution, use,
39	and prescription of medications that are used to treat chronic pain
40	conditions. Such balanced approach needs to ensure that patients can
41	obtain the medications that they need, but are not over prescribed such
42	medications, which can lead to patient abuse or long term addiction.
43	Further, the need to monitor multiple daily medication prescription
44	regimens, coupled with psychological, behavioral, and social inter-
45	vention activities of such patients. Further, to reduce the threat of
46	drug abuse, addiction or diversion of such medications to uses not
47	related to proper treatment of chronic pain conditions.
48	4. Grants for undergraduate medical education in chronic pain treat-
49	ment and management. (a) The commissioner is authorized, within amounts
50	from any source appropriated or otherwise provided for such purpose, to
51	make grants to chronic pain care certified medical schools and schools
52	of health care professionals to enhance the study and research of chron-
53	ic pain treatment and management, increase the opportunities for under-
53 54	graduate medical education in chronic pain care treatment and manage-
55	ment, and encourage the education of physicians in chronic pain care
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56 management and treatment.

(b) Grant proceeds under this subdivision may be used for faculty 1 development in chronic pain care treatment and management; recruitment 2 of faculty with an expertise in the management and treatment of chronic 3 4 pain; costs incurred teaching medical students at hospital-based sites, 5 non-hospital-based ambulatory care settings, certified home health agen-6 cies, licensed long term home health care programs, private and public 7 health care clinics, and in private physician practices including, but 8 not limited to personnel, administration and student-related expenses; 9 expansion or development of programs that train physicians in the treat-10 ment and management of chronic pain; and other innovative programs designed to increase the competency of medical students to provide 11 12 chronic pain care to patients. (c) Grants under this subdivision shall be awarded by the commissioner 13 14 through a competitive application process to the council. The council 15 shall make recommendations for funding to the commissioner. 5. Grants for graduate health care professional education in chronic 16 17 pain treatment and management. (a) The commissioner is authorized, within amounts from any source appropriated or otherwise provided for such 18 purpose, to make grants to chronic pain care certified residency 19 20 programs to establish or expand education in chronic pain treatment and management for graduate medical education, and to increase the opportu-21 22 nities for trainee education in the treatment and management of chronic pain in the hospital-based and non-hospital-based settings. 23 (b) Grants under this subdivision for graduate health care profes-24 25 sional education and education in chronic pain treatment and management may be used for administration, faculty recruitment and development; 26 27 start-up costs and costs incurred teaching the most advanced strategies, 28 therapies, medications or best practices with regard to the care of patients with chronic pain in either hospital-based or non-hospital-29 30 based settings including, but not limited to personnel, administration 31 and trainee related expenses; and other expenses deemed reasonable and 32 necessary by the commissioner. 33 (c) Grants under this subdivision shall be awarded by the commissioner 34 through a competitive application process to the council. The council 35 shall make recommendations for funding to the commissioner. 36 Chronic pain health care professional practitioner resource 6. 37 centers. The commissioner, in consultation with the council, may designate a chronic pain treatment and management practitioner resource 38 39 center or centers. Such resource center may be statewide or regional, and shall act as a source of technical support, information and guidance 40 for practitioners on the latest strategies, therapies, medications or 41 42 best practices with regard to the optimum treatment and management of 43 chronic pain. The department, in consultation with the council, may 44 contract with not-for-profit organizations or associations to establish 45 and manage such resource centers. Such resource centers may charge a fee 46 to help offset the cost of providing such services. 47 7. Continuing education requirements for health care professionals. The council, in consultation with the department, the education depart-48 ment and health care professional organizations, shall develop, compile 49 50 and publish information and course materials on the advanced treatment and mitigation of chronic pain suffered by patients. In addition within 51 52 two years of the effective date of this article, the council shall make 53 recommendations to the education department for the course work, training and curriculum to be included in the continuing education on the 54 best practices, strategies, therapies and approaches for the mitigation 55 and treatment of chronic pain required to be completed by the various 56

1 health care professions pursuant to paragraph d of subdivision three of section sixty-five hundred seven of the education law. Such recommenda-2 3 tions shall include components which address the increasing and neces-4 sary interdisciplinary cooperation between health care professionals for 5 the coordinated reduction of chronic pain in patients and the reduction of health care costs. 6 7 8. Report. On or before March first of each odd numbered year, the 8 council shall submit to the governor, the commissioner, the commissioner 9 of education, the temporary president of the senate, the speaker of the 10 assembly, and the chairs of the senate and assembly committees on health 11 a report on its activities and accomplishments relating to the treatment 12 and mitigation of chronic pain. Such report may also include such legislative proposals as it deems necessary to more effectively implement the 13 14 provisions of this article. 15 § 3. Paragraphs b and c of subdivision 3 of section 6507 of the education law, as added by chapter 987 of the laws of 1971, are amended and a 16 17 new paragraph d is added to read as follows: 18 b. Review qualifications in connection with licensing requirements; 19 [and] 20 c. Provide for licensing examinations and reexaminations [-]; and 21 d. (i) Establish standards for preprofessional and professional education for health care professionals, as defined in paragraph (e) of 22 subdivision one of section twenty-eight hundred ninety-nine-k of the 23 public health law, relating to the mitigation and treatment of chronic 24 25 pain. In the promulgation of such standards, the department and the appropriate board of each such profession shall consider and, to the 26 27 extent practicable, implement the recommendations of the state chronic pain management education and training council. Furthermore, such stand-28 ards shall provide for such training and coursework on the advanced 29 30 treatment and mitigation of chronic pain as shall be appropriate for the health care profession, and shall address the increasing and necessary 31 32 interdisciplinary cooperation between health care professionals for the 33 coordinated reduction of chronic pain in patients and the reduction of 34 health care costs. (ii) The commissioner shall establish standards requiring that all 35 36 health care professionals applying, on or after January first, two thousand twenty-six, initially or for a renewal of a license, registration 37 or certificate pursuant to this title, shall, in addition to all other 38 licensure, registration or certification requirements, have completed 39 40 such coursework and training in the treatment and mitigation of chronic pain as shall be required pursuant to subparagraph (i) of this para-41 42 graph. The coursework and training shall be obtained from an institution 43 or provider that has been approved by the department to provide such 44 coursework and training. Each applicant shall provide the department 45 with documentation showing he or she has completed the required train-46 ing. 47 (iii) The department shall provide an exemption from the requirements 48 of subparagraphs (i) and (ii) of this paragraph to any health care 49 professional who requests such an exemption and who demonstrates to the 50 department's satisfaction that: 51 (A) there would be no need for him or her to complete such coursework 52 and training because of the nature of his or her practice; or (B) he or she has completed coursework and training deemed by the 53 department to be equivalent to the standards for coursework and training 54 approved by the department under this paragraph. 55

§ 4. Subdivision 7 of section 2807-s of the public health law is 1 amended by adding a new paragraph (e) to read as follows: 2 3 (e) notwithstanding any inconsistent provision of this section, prior to the allocation of funds for distribution in accordance with section 4 5 twenty-eight hundred seven-j of this article pursuant to paragraphs (b) 6 and (c) of this subdivision, the commissioner on an annualized basis up 7 to two million five hundred thousand dollars for grants for undergraduate health care professional education in chronic pain treatment and 8 9 management pursuant to subdivision four of section twenty-eight hundred 10 ninety-nine-k of this chapter; and up to two million five hundred thou-11 sand dollars for grants for graduate health care professional education 12 in chronic pain treatment and management pursuant to subdivision five of section twenty-eight hundred ninety-nine-k of this chapter. 13 14 § 5. This act shall take effect immediately provided that the amend-

15 ments to subdivision 7 of section 2807-s of the public health law made 16 by section four of this act shall not affect the expiration of such 17 section and shall expire therewith.