## STATE OF NEW YORK

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2021-2022 Regular Sessions

## IN SENATE

January 19, 2021

Introduced by Sens. RIVERA, BRESLIN, HARCKHAM, MAYER -- read twice and ordered printed, and when printed to be committed to the Committee on Health

AN ACT to amend the public health law and the insurance law, in relation to enhancing coverage and care for medically fragile children

## The People of the State of New York, represented in Senate and Assembly, do enact as follows:

Section 1. Subparagraph (iv) of paragraph (a) of subdivision 2 of 1 section 4900 of the public health law, as added by section 42 of subpart 2 A of part BB of chapter 57 of the laws of 2019, is amended and a new 3 4 subparagraph (v) is added to read as follows: 5 (iv) for purposes of a determination involving treatment for a mental 6 health condition: 7 (A) a physician who possesses a current and valid non-restricted 8 license to practice medicine and who specializes in behavioral health 9 and has experience in the delivery of mental health courses of treat-10 ment; or (B) a health care professional other than a licensed physician who 11 12 specializes in behavioral health and has experience in the delivery of a 13 mental health courses of treatment and, where applicable, possesses a 14 current and valid non-restricted license, certificate, or registration or, where no provision for a license, certificate or registration 15 exists, is credentialed by the national accrediting body appropriate to 16 17 the profession; [and] or 18 (v) for purposes of a determination involving treatment of a medically 19 fragile child: 20 (A) a physician who possesses a current and valid non-restricted

21 license to practice medicine and who is board certified or board eligi-

22 ble in pediatric rehabilitation, pediatric critical care, or neonatolo-

23 gy; or

EXPLANATION--Matter in <u>italics</u> (underscored) is new; matter in brackets [-] is old law to be omitted.

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1 (B) a physician who possesses a current and valid non-restricted license to practice medicine and is board certified in a pediatric 2 subspecialty directly relevant to the patient's medical condition; and 3 4 § 2. Paragraph (b) of subdivision 2 of section 4900 of the public 5 health law, as amended by chapter 586 of the laws of 1998, is amended to read as follows: б 7 (b) for purposes of title two of this article: 8 (i) a physician who: 9 (A) possesses a current and valid non-restricted license to practice 10 medicine; 11 (B) where applicable, is board certified or board eligible in the same 12 or similar specialty as the health care provider who typically manages 13 the medical condition or disease or provides the health care service or 14 treatment under appeal; (C) has been practicing in such area of specialty for a period of at 15 16 least five years; and 17 (D) is knowledgeable about the health care service or treatment under 18 appeal; or 19 (ii) a health care professional other than a licensed physician who: 20 (A) where applicable, possesses a current and valid non-restricted 21 license, certificate or registration; (B) where applicable, is credentialed by the national accrediting body 22 appropriate to the profession in the same profession and same or similar 23 specialty as the health care provider who typically manages the medical 24 25 condition or disease or provides the health care service or treatment 26 under appeal; 27 (C) has been practicing in such area of specialty for a period of at 28 least five years; 29 (D) is knowledgeable about the health care service or treatment under 30 appeal; and 31 (E) where applicable to such health care professional's scope of prac-32 tice, is clinically supported by a physician who possesses a current and 33 valid non-restricted license to practice medicine; or (iii) for purposes of a determination involving treatment of a 34 35 medically fragile child: 36 (A) a physician who possesses a current and valid non-restricted 37 license to practice medicine and who is board certified or board eligi-38 ble in pediatric rehabilitation, pediatric critical care, or neonatolo-39 <u>gy, or</u> 40 (B) a physician who possesses a current and valid non-restricted license to practice medicine and is board certified in a pediatric 41 42 subspecialty directly relevant to the patient's medical condition. 43 § 3. Subdivision 2-a of section 4900 of the public health law, as added by chapter 586 of the laws of 1998, is amended to read as follows: 44 45 2-a. "Clinical standards" means those guidelines and standards set 46 forth in the utilization review plan by the utilization review agent whose adverse determination is under appeal or, in the case of medically 47 fragile children, those guidelines and standards as required by section 48 forty-nine hundred three-a of this article. 49 § 4. Paragraph (c) of subdivision 10 of section 4900 of the public 50 51 health law, as added by chapter 705 of the laws of 1996, is amended to 52 read as follows: 53 (c) a description of practice guidelines and standards used by a 54 utilization review agent in carrying out a determination of medical 55 necessity, which in the case of medically fragile children shall incor-

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porate the standards required by section forty-nine hundred three-a of 1 2 this article; 3 § 5. Section 4900 of the public health law is amended by adding a new 4 subdivision 11 to read as follows: 5 11. "Medically fragile child" means an individual who is under twenб ty-one years of age and has a chronic debilitating condition or conditions, who may or may not be hospitalized or institutionalized, and 7 8 meets one or more of the following criteria (a) is technologically 9 dependent for life or health sustaining functions, (b) requires a complex medication regimen or medical interventions to maintain or to 10 11 improve their health status, or (c) is in need of ongoing assessment or intervention to prevent serious deterioration of their health status or 12 13 medical complications that place their life, health or development at 14 risk. Chronic debilitating conditions include, but are not limited to, 15 bronchopulmonary dysplasia, cerebral palsy, congenital heart disease, 16 microcephaly, pulmonary hypertension, and muscular dystrophy. The term 17 "medically fragile child" shall also include severe conditions, including but not limited to traumatic brain injury, which typically require 18 19 care in a specialty care center for medically fragile children, even 20 though the child does not have a chronic debilitating condition or also 21 meet one of the three conditions of this subdivision. In order to facilitate the prompt and convenient identification of particular patient 22 care situations meeting the definitions of this subdivision, the commis-23 24 sioner may issue written guidance listing (by diagnosis codes, utiliza-25 tion thresholds, or other available coding or commonly used medical 26 classifications) the types of patient care needs which are deemed to 27 meet this definition. Notwithstanding the definitions set forth in this 28 subdivision, any patient which has received prior approval from a utili-29 zation review agent for admission to a specialty care facility for 30 medically fragile children shall be considered a medically fragile child 31 at least until discharge from that facility occurs. 32 § 6. The public health law is amended by adding a new section 4903-a 33 to read as follows: <u>§ 4903-a. Utilization review determinations for medically fragile</u> 34 35 children. 1. Notwithstanding any inconsistent provision of the utiliza-36 tion review agent's clinical standards, the utilization review agent 37 shall administer and apply the clinical standards (and make determi-38 nations of medical necessity) regarding medically fragile children in accordance with the requirements of this section. If the utilization 39 review agent is a separate entity from the health maintenance organiza-40 tion certified under article forty-four of this chapter, the health 41 42 maintenance organization shall make contractual or other arrangements in order to facilitate the utilization review agent's compliance with this 43 44 <u>section.</u> 45 2. In the case of a medically fragile child, the term "medically 46 necessary" shall mean health care and services that are necessary to 47 promote normal growth and development and prevent, diagnose, treat, ameliorate or palliate the effects of a physical, mental, behavioral, 48 genetic, or congenital condition, injury or disability. When applied to 49 the circumstances of any particular medically fragile child, the term 50 "medically necessary" shall include (a) the care or services that are 51 essential to prevent, diagnose, prevent the worsening of, alleviate or 52 53 ameliorate the effects of an illness, injury, disability, disorder or 54 condition, (b) the care or services that are essential to the overall physical, cognitive and mental growth and developmental needs of the 55 56 child, and (c) the care or services that will assist the child to

achieve or maintain maximum functional capacity in performing daily 1 activities, taking into account both the functional capacity of the 2 3 child and those functional capacities that are appropriate for individ-4 uals of the same age as the child. The utilization review agent shall 5 base its determination on medical and other relevant information б provided by the child's primary care provider, other health care provid-7 ers, school, local social services, and/or local public health officials 8 that have evaluated the child, and the utilization review agent will 9 ensure the care and services are provided in sufficient amount, duration 10 and scope to reasonably be expected to produce the intended results and 11 to have the expected benefits that outweigh the potential harmful 12 effects. 3. Utilization review agents shall undertake the following with 13 14 respect to medically fragile children: (a) Consider as medically necessary all covered services that assist 15 16 medically fragile children in reaching their maximum functional capacity, taking into account the appropriate functional capacities of chil-17 dren of the same age. Health maintenance organizations must continue to 18 cover services until that child achieves age-appropriate functional 19 20 capacity. A managed care provider, authorized by section three hundred 21 sixty-four-j of the social services law, shall also be required to make payment for covered services required to comply with federal Early Peri-22 odic Screening, Diagnosis, and Treatment ("EPSDT") standards, as speci-23 24 fied by the commissioner of health. 25 (b) Shall not base determinations solely upon review standards appli-26 cable to (or designed for) adults to medically fragile children. Adult 27 standards include, but are not limited to, Medicare rehabilitation standards and the "Medicare 3 hour rule." Determinations have to take into 28 consideration the specific needs of the child and the circumstances 29 30 pertaining to their growth and development. (c) Accommodate unusual stabilization and prolonged discharge plans 31 32 for medically fragile children, as appropriate. Issues utilization 33 review agents must consider when developing and approving discharge plans include, but are not limited to: sudden reversals of condition or 34 35 progress, which may make discharge decisions uncertain or more prolonged 36 than for other children or adults; necessary training of parents or 37 other adults to care for medically fragile children at home; unusual 38 discharge delays encountered if parents or other responsible adults decline or are slow to assume full responsibility for caring for 39 medically fragile children; the need to await an appropriate home or 40 home-like environment rather than discharge to a housing shelter or 41 42 other inappropriate setting for medically fragile children, the need to 43 await construction adaptations to the home (such as the installation of 44 generators or other equipment); and lack of available suitable special-45 ized care (such as unavailability of pediatric nursing home beds, pedia-46 tric ventilator units, pediatric private duty nursing in the home, or 47 specialized pediatric home care services). Utilization review agents must develop a person centered discharge plan for the child taking the 48 49 above situations into consideration. 50 (d) It is the utilization review agent's network management responsi-51 bility to identify an available provider of needed covered services, as determined through a person centered care plan, to effect safe discharge 52 53 from a hospital or other facility; payments shall not be denied to a 54 discharging hospital or other facility due to lack of an available postdischarge provider as long as they have worked with the utilization 55 56 review agent to identify an appropriate provider. Utilization review

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agents are required to approve the use of out-of-network providers if 1 the health maintenance organization does not have a participating 2 3 provider to address the needs of the child. 4 (e) Utilization review agents must ensure that medically fragile chil-5 dren receive services from appropriate providers that have the expertise б to effectively treat the child and must contract with providers with 7 demonstrated expertise in caring for the medically fragile children. 8 Network providers shall refer to appropriate network community and 9 facility providers to meet the needs of the child or seek authorization 10 from the utilization review agent for out-of-network providers when 11 participating providers cannot meet the child's needs. The utilization review agent must authorize services as fast as the enrollee's condition 12 13 requires and in accordance with established timeframes in the contracts 14 or policy forms. 4. A health maintenance organization shall have a procedure by which 15 16 an enrollee who is a medically fragile child who requires specialized 17 medical care over a prolonged period of time, may receive a referral to a specialty care center for medically fragile children. If the health 18 19 maintenance organization, or the primary care provider or the specialist 20 treating the patient, in consultation with a medical director of the 21 utilization review agent, determines that the enrollee's care would most appropriately be provided by such a specialty care center, the organiza-22 tion shall refer the enrollee to such center. In no event shall a health 23 maintenance organization be required to permit an enrollee to elect to 24 25 have a non-participating specialty care center, unless the organization 26 does not have an appropriate specialty care center to treat the 27 enrollee's disease or condition within its network. Such referral shall be pursuant to a treatment plan developed by the specialty care center 28 29 and approved by the health maintenance organization, in consultation 30 with the primary care provider, if any, or a specialist treating the 31 patient, and the enrollee or the enrollee's designee. If an organization 32 refers an enrollee to a specialty care center that does not participate 33 in the organization's network, services provided pursuant to the approved treatment plan shall be provided at no additional cost to the 34 enrollee beyond what the enrollee would otherwise pay for services 35 36 received within the network. For purposes of this section, a specialty 37 care center for medically fragile children shall mean a children's 38 hospital as defined pursuant to subparagraph (iv) of paragraph (e-2) of 39 subdivision four of section twenty-eight hundred seven-c of this chapter, a residential health care facility affiliated with such a chil-40 dren's hospital, any residential health care facility with a specialty 41 42 pediatric bed average daily census during two thousand seventeen of fifty or more patients, or a facility which satisfies such other crite-43 44 ria as the commissioner may designate. 45 5. When rendering or arranging for care or payment, both the provider 46 and the health maintenance organization shall inquire of, and shall consider the desires of the family of a medically fragile child includ-47 ing, but not limited to, the availability and capacity of the family, 48 49 the need for the family to simultaneously care for the family's other children, and the need for parents to continue employment. 50 51 6. The health maintenance organization must pay at least eighty-five percent of the facility's acute care rate, unless a different rate has 52 53 been mutually negotiated, for all days of inpatient hospital care at a 54 specialty care center for medically fragile children when the health maintenance organization and the specialty care facility mutually agree 55 56 the patient is ready for discharge from the specialty care center to the

patient's home but requires specialized home services that are not 1 available or in place, or the patient is awaiting discharge to a resi-2 3 dential health care facility when no residential health care facility 4 bed is available given the specialized needs of the medically fragile 5 child. The health maintenance organization must pay at least the faciliб ty's Medicaid skilled nursing facility rate, unless a different rate has 7 been mutually negotiated, for all days of residential health care facil-8 ity care at a specialty care center for medically fragile children when 9 the health maintenance organization and the specialty care facility 10 mutually agree the patient is ready for discharge from the specialty 11 care center to the patient's home but requires specialized home services that are not available or in place. Such requirements shall apply until 12 13 the health plan can identify and secure admission to an alternate 14 provider rendering the necessary level of services. The specialty care 15 center must cooperate with the health maintenance organization's place-16 ment efforts. 17 7. In the event a health maintenance organization enters into a participation agreement with a specialty care center for medically frag-18 19 ile children in this state, and the terms of that participation agree-20 ment extend to one or more other health maintenance organizations or 21 insurers (including health maintenance organizations and insurers operating in other states) by virtue of affiliation with (or contracts with) 22 the health maintenance organization, the requirements of this article 23 regarding procedures for utilization review of medically fragile chil-24 dren shall apply to those other health maintenance organizations or 25 26 insurers. 27 8. (a) The commissioner shall designate a single set of clinical stan-28 dards applicable to all utilization review agents regarding pediatric 29 extended acute care stays (defined for the purposes of this section as 30 discharge from one acute care hospital followed by immediate admission to a second acute care hospital; not including transfers of case payment 31 32 cases as defined in section twenty-eight hundred seven-c of this chap-33 ter). The standards shall be adapted from national long term acute care 34 hospital standards for adults and shall be approved by the commissioner, 35 after consultation with one or more specialty care centers for medically 36 fragile children. The standards shall include, but not be limited to, 37 specifications of the level of care supports in the patient's home, at a 38 skilled nursing facility or other setting, that must be in place in 39 order to safely and adequately care for a medically fragile child before medically complex acute care can be deemed no longer medically neces-40 sary. The standards designated by the commissioner shall pre-empt the 41 42 clinical standards, if any, for pediatric extended acute care set forth 43 in the utilization review plan by the utilization review agent. (b) The commissioner shall designate a single set of supplemental 44 45 clinical standards (in addition to the clinical standards selected by 46 the utilization review agent) applicable to all utilization review agents regarding acute and sub-acute inpatient rehabilitation for 47 medically fragile children. The supplemental standards shall specify the 48 level of care supports in the patient's home, at a skilled nursing 49 facility or other setting, that must be in place in order to safely and 50 51 adequately care for a medically fragile child before acute or sub-acute inpatient rehabilitation can be deemed no longer medically necessary. 52 53 The supplemental standards designated by the commissioner shall pre-empt 54 the clinical standards, if any, regarding readiness for discharge of

55 medically fragile children from acute or sub-acute inpatient rehabili-

tation, as set forth in the utilization review plan by the utilization 1 review agent. 2 9. In all instances the utilization review agent shall defer to the 3 4 recommendations of the referring physician to refer a medically fragile 5 child for care at a particular specialty provider of care to medically б fragile children, or the recommended treatment plan by the treating 7 physician at a specialty care center for medically fragile children, 8 except where the utilization review agent has determined, by clear and 9 convincing evidence, that: (a) the recommended provider or proposed 10 treatment plan is not in the best interest of the medically fragile 11 child, or (b) an alternative provider offering substantially the same level of care in accordance with substantially the same treatment plan 12 13 is available from a lower cost provider. 14 § 7. Subparagraph (D) of paragraph 1 of subsection (b) of section 4900 15 of the insurance law, as added by section 36 of subpart A of part BB of 16 chapter 57 of the laws of 2019, is amended and a new subparagraph (E) is 17 added to read as follows: (D) for purposes of a determination involving treatment for a mental 18 19 health condition: 20 (i) a physician who possesses a current and valid non-restricted 21 license to practice medicine and who specializes in behavioral health 22 and has experience in the delivery of mental health courses of treat-23 ment; or (ii) a health care professional other than a licensed physician who 24 25 specializes in behavioral health and has experience in the delivery of 26 mental health courses of treatment and, where applicable, possesses a 27 current and valid non-restricted license, certificate, or registration or, where no provision for a license, certificate or registration 28 29 exists, is credentialed by the national accrediting body appropriate to 30 the profession; [and] or 31 (E) for purposes of a determination involving treatment of a medically 32 fragile child: (i) a physician who possesses a current and valid non-restricted 33 license to practice medicine and who is board certified or board eligi-34 35 ble in pediatric rehabilitation, pediatric critical care, or neonatolo-36 qy; or 37 (ii) a physician who possesses a current and valid non-restricted 38 license to practice medicine and is board certified in a pediatric subspecialty directly relevant to the patient's medical condition; and 39 40 § 8. Paragraph 2 of subsection (b) of section 4900 of the insurance 41 law, as amended by chapter 586 of the laws of 1998, is amended to read 42 as follows: (2) for purposes of title two of this article: 43 44 (A) a physician who: 45 (i) possesses a current and valid non-restricted license to practice 46 medicine; (ii) where applicable, is board certified or board eligible in the 47 same or similar specialty as the health care provider who typically 48 manages the medical condition or disease or provides the health care 49 50 service or treatment under appeal; 51 (iii) has been practicing in such area of specialty for a period of at 52 least five years; and 53 (iv) is knowledgeable about the health care service or treatment under 54 appeal; or 55 (B) a health care professional other than a licensed physician who:

1 (i) where applicable, possesses a current and valid non-restricted 2 license, certificate or registration; (ii) where applicable, is credentialed by the national accrediting 3 4 body appropriate to the profession in the same profession and same or 5 similar specialty as the health care provider who typically manages the б medical condition or disease or provides the health care service or 7 treatment under appeal; 8 (iii) has been practicing in such area of specialty for a period of at 9 least five years; 10 (iv) is knowledgeable about the health care service or treatment under appeal; and 11 12 (v) where applicable to such health care professional's scope of prac-13 tice, is clinically supported by a physician who possesses a current and 14 valid non-restricted license to practice medicine; or 15 (C) for purposes of a determination involving treatment of a medically 16 fragile child: 17 (i) a physician who possesses a current and valid non-restricted license to practice medicine and who is board certified or board eligi-18 ble in pediatric rehabilitation, pediatric critical care, or neonatolo-19 20 <u>qy; or</u> 21 (ii) a physician who possesses a current and valid non-restricted 22 license to practice medicine and is board certified in a pediatric subspecialty directly relevant to the patient's medical condition. 23 24 § 9. Subsection (b-1) of section 4900 of the insurance law, as added 25 by chapter 586 of the laws of 1998, is amended to read as follows: 26 (b-1) "Clinical standards" means those guidelines and standards set 27 forth in the utilization review plan by the utilization review agent whose adverse determination is under appeal or, in the case of medically 28 29 fragile children those guidelines and standards as required by section 30 forty-nine hundred three-a of this article. 31 § 10. Subsection (j) of section 4900 of the insurance law, as added by 32 chapter 705 of the laws of 1996, is amended to read as follows: 33 (j) "Utilization review plan" means: (1) a description of the process 34 for developing the written clinical review criteria; (2) a description 35 of the types of written clinical information which the plan might 36 consider in its clinical review, including but not limited to, a set of 37 specific written clinical review criteria; (3) a description of practice guidelines and standards used by a utilization review agent in carrying 38 out a determination of medical necessity, which, in the case of 39 medically fragile children, shall incorporate the standards required by 40 41 section forty-nine hundred three-a of this article; (4) the procedures 42 for scheduled review and evaluation of the written clinical review 43 criteria; and (5) a description of the qualifications and experience of the health care professionals who developed the criteria, who are 44 45 responsible for periodic evaluation of the criteria and of the health 46 care professionals or others who use the written clinical review crite-47 ria in the process of utilization review. 48 § 11. Section 4900 of the insurance law is amended by adding a new 49 subsection (k) to read as follows: (k) "Medically fragile child" means an individual who is under twen-50 51 ty-one years of age and has a chronic debilitating condition or condi-52 tions, who may or may not be hospitalized or institutionalized, and 53 meets one or more of the following criteria: (1) is technologically 54 dependent for life or health sustaining functions; (2) requires a complex medication regimen or medical interventions to maintain or to 55 56 improve their health status; or (3) is in need of ongoing assessment or

intervention to prevent serious deterioration of their health status or 1 medical complications that place their life, health or development at 2 risk. Chronic debilitating conditions include, but are not limited to, 3 bronchopulmonary dysplasia, cerebral palsy, congenital heart disease, 4 5 microcephaly, pulmonary hypertension, and muscular dystrophy. The term б "medically fragile child" shall also include severe conditions, including but not limited to traumatic brain injury, which typically require 7 8 care in a specialty care center for medically fragile children, even 9 though the child does not have a chronic debilitating condition or also 10 meet one of the three conditions of this subsection. In order to facili-11 tate the prompt and convenient identification of particular patient care situations meeting the definitions of this subsection, the superinten-12 13 dent, after consulting with the commissioner of health, may issue writ-14 ten guidance listing (by diagnosis codes, utilization thresholds, or other available coding or commonly used medical classifications) the 15 16 types of patient care needs which are deemed to meet this definition. 17 Notwithstanding the definitions set forth in this subsection, any patient which has received prior approval from a utilization review 18 19 agent for admission to a specialty care facility for medically fragile 20 children shall be considered a medically fragile child at least until 21 discharge from that facility occurs. 22 § 12. The insurance law is amended by adding a new section 4903-a to 23 read as follows: 4903-a. Utilization review determinations for medically fragile 24 8 children. (a) Notwithstanding any inconsistent provision of the utiliza-25 26 tion review agent's clinical standards, the utilization review agent 27 shall administer and apply the clinical standards (and make determinations of medical necessity) regarding medically fragile children in 28 29 accordance with the requirements of this section. If the utilization 30 review agent is a separate entity from the health care plan, the health care plan shall make contractual or other arrangements in order to 31 32 facilitate the utilization review agent's compliance with this section. 33 (b) In the case of a medically fragile child, the term "medically necessary" shall mean health care and services that are necessary to 34 promote normal growth and development and prevent, diagnose, treat, 35 36 ameliorate or palliate the effects of a physical, mental, behavioral, 37 genetic, or congenital condition, injury or disability. When applied to 38 the circumstances of any particular medically fragile child, the term "medically necessary" shall include: (1) the care or services that are 39 essential to prevent, diagnose, prevent the worsening of, alleviate or 40 ameliorate the effects of an illness, injury, disability, disorder or 41 42 condition; (2) the care or services that are essential to the overall 43 physical, cognitive and mental growth and developmental needs of the child; and (3) the care or services that will assist the child to 44 achieve or maintain maximum functional capacity in performing daily 45 46 activities, taking into account both the functional capacity of the 47 child and those functional capacities that are appropriate for individuals of the same age as the child. The utilization review agent shall 48 49 base its determination on medical and other relevant information provided by the child's primary care provider, other health care provid-50 51 ers, school, local social services, and/or local public health officials that have evaluated the child, and the utilization review agent will 52 53 ensure the care and services are provided in sufficient amount, duration 54 and scope to reasonably be expected to produce the intended results and to have the expected benefits that outweigh the potential harmful 55 56 effects.

(c) Utilization review agents shall undertake the following with 1 2 respect to medically fragile children: (1) Consider as medically necessary all covered services that assist 3 4 medically fragile children in reaching their maximum functional capaci-5 ty, taking into account the appropriate functional capacities of chilб dren of the same age. Utilization review agents must continue to cover 7 services until that child achieves age-appropriate functional capacity. 8 (2) Shall not base determinations solely upon review standards appli-9 cable to (or designed for) adults to medically fragile children. Adult 10 standards include, but are not limited to, Medicare rehabilitation stan-11 dards and the "Medicare 3 hour rule." Determinations have to take into consideration the specific needs of the child and the circumstances 12 13 pertaining to their growth and development. 14 (3) Accommodate unusual stabilization and prolonged discharge plans 15 for medically fragile children, as appropriate. Area utilization review 16 agents must consider when developing and approving discharge plans 17 include, but are not limited to: sudden reversals of condition or progress, which may make discharge decisions uncertain or more prolonged 18 than for other children or adults; necessary training of parents or 19 20 other adults to care for medically fragile children at home; unusual 21 discharge delays encountered if parents or other responsible adults 22 decline or are slow to assume full responsibility for caring for medically fragile children; the need to await an appropriate home or 23 24 home-like environment rather than discharge to a housing shelter or other inappropriate setting for medically fragile children, the need to 25 26 await construction adaptations to the home (such as the installation of 27 generators or other equipment); and lack of available suitable special-28 ized care (such as unavailability of pediatric nursing home beds, pedia-29 tric ventilator units, pediatric private duty nursing in the home, or 30 specialized pediatric home care services). Utilization review agents 31 must develop a person centered discharge plan for the child taking the 32 above situations into consideration. 33 (4) It is the utilization review agents network management responsibility to identify an available provider of needed covered services, as 34 determined through a person centered care plan, to effect safe discharge 35 from a hospital or other facility; payments shall not be denied to a 36 37 discharging hospital or other facility due to lack of an available post-38 discharge provider as long as they have worked with the utilization review agent to identify an appropriate provider. Utilization review 39 agents are required to approve the use of out-of-network providers if 40 they do not have a participating provider to address the needs of the 41 42 child. 43 (5) Utilization review agents must ensure that medically fragile chil-44 dren receive services from appropriate providers that have the expertise 45 to effectively treat the child and must contract with providers with 46 demonstrated expertise in caring for the medically fragile children. Network providers shall refer to appropriate network community and 47 facility providers to meet the needs of the child or seek authorization 48 from the utilization review agent for out-of-network providers when 49 participating providers cannot meet the child's needs. The utilization 50 51 review agent must authorize services as fast as the insured's condition 52 requires and in accordance with established timeframes in the contracts 53 or policy forms. 54 (d) A utilization review agent shall have a procedure by which an insured who is a medically fragile child who requires specialized 55 56 medical care over a prolonged period of time, may receive a referral to

specialty care center for medically fragile children. If the utiliza-1 2 tion review agent, or the primary care provider or the specialist treat-3 ing the patient, in consultation with a medical director of the utiliza-4 tion review agent, determines that the insured's care would most 5 appropriately be provided by such a specialty care center, the utilizaб tion review agent shall refer the insured to such center. In no event shall a utilization review agent be required to permit an insured to 7 8 elect to have a non-participating specialty care center, unless the 9 health care plan does not have an appropriate specialty care center to 10 treat the insured's disease or condition within its network. Such refer-11 ral shall be pursuant to a treatment plan developed by the specialty care center and approved by the utilization review agent, in consulta-12 13 tion with the primary care provider, if any, or a specialist treating 14 the patient, and the insured or the insured's designee. If a utilization 15 review agent refers an insured to a specialty care center that does not 16 participate in the health care plan's network, services provided pursu-17 ant to the approved treatment plan shall be provided at no additional cost to the insured beyond what the insured would otherwise pay for 18 19 services received within the network. For purposes of this section, a 20 specialty care center for medically fragile children shall mean a chil-21 dren's hospital as defined pursuant to subparagraph (iv) of paragraph (e-2) of subdivision four of section two thousand eight hundred seven-c 22 23 of the public health law, a residential health care facility affiliated 24 with such a children's hospital, any residential health care facility 25 with a specialty pediatric bed average daily census during two thousand 26 seventeen of fifty or more patients, or a facility which satisfies such 27 other criteria as the commissioner of health may designate. 28 (e) When rendering or arranging for care or payment, both the provider and the health care plan shall inquire of, and shall consider the 29 30 desires of, the family of a medically fragile child including, but not 31 limited to, the availability and capacity of the family, the need for 32 the family to simultaneously care for the family's other children, and 33 the need for parents to continue employment. 34 (f) The health care plan must pay at least eighty-five percent of the 35 facility's acute care rate, unless a different rate has been mutually 36 negotiated, for all days of inpatient hospital care at a specialty care 37 center for medically fragile children when the insurer and the specialty 38 care facility mutually agree the patient is ready for discharge from the specialty care center to the patient's home but requires specialized 39 home services that are not available or in place, or the patient is 40 awaiting discharge to a residential health care facility when no resi-41 42 dential health care facility bed is available given the specialized 43 needs of the medically fragile child. The health care plan must pay at least the facility's skilled nursing Medicaid facility rate, unless a 44 45 different rate has been mutually negotiated, for all days of residential 46 health care facility care at a specialty care center for medically frag-47 ile children when the insurer and the specialty care facility mutually agree the patient is ready for discharge from the specialty care center 48 to the patient's home but requires specialized home services that are 49 not available or in place. Such requirements shall apply until the 50 51 health care plan can identify and secure admission to an alternate 52 provider rendering the necessary level of services. The specialty care 53 center must cooperate with the health care plan's placement efforts. 54 (g) In the event a health care plan enters into a participation agree-55 ment with a specialty care center for medically fragile children in this 56 state, and the terms of that participation agreement extend to one or

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more other health care plans or insurers (including health care plans and insurers operating in other states) by virtue of affiliation with (or contracts with) the health care plan, the requirements of this

3 (or contracts with) the health care plan, the requirements of this 4 section regarding procedures for utilization review of medically fragile 5 children shall apply to those other health care plans or insurers.

б (h) (1) The superintendent, after consulting with the commissioner of 7 health, shall designate a single set of clinical standards applicable to 8 all utilization review agents regarding pediatric extended acute care 9 stays (defined for the purposes of this section as discharge from one acute care hospital followed by immediate admission to a second acute 10 11 care hospital; not including transfers of case payment cases as defined in section two thousand eight hundred seven-c of the public health law). 12 13 The standards shall be adapted from national long term acute care hospi-14 tal standards for adults and shall be approved by the superintendent, 15 after consultation with one or more specialty care centers for medically 16 fragile children. The standards shall include, but not be limited to, 17 specifications of the level of care supports in the patient's home, at a skilled nursing facility or other setting, that must be in place in 18 19 order to safely and adequately care for a medically fragile child before 20 medically complex acute care can be deemed no longer medically neces-21 sary. The standards designated by the commissioner shall pre-empt the 22 clinical standards, if any, for pediatric extended acute care set forth in the utilization review plan by the utilization review agent. 23

24 (2) The superintendent, after consulting with the commissioner of 25 health, shall designate a single set of supplemental clinical standards 26 (in addition to the clinical standards selected by the utilization 27 review agent) applicable to all utilization review agents regarding acute and sub-acute inpatient rehabilitation for medically fragile chil-28 dren. The standards shall specify the level of care supports in the 29 30 patient's home, at a skilled nursing facility or other setting, that 31 must be in place in order to safely and adequately care for a medically 32 fragile child before acute or sub-acute inpatient rehabilitation can be 33 deemed no longer medically necessary. The supplemental standards designated by the superintendent shall pre-empt the clinical standards, if 34 any, regarding readiness for discharge of medically fragile children 35 36 from acute or sub-acute inpatient rehabilitation, as set forth in the 37 utilization review plan by the utilization review agent.

38 (i) In all instances the utilization review agent shall defer to the 39 recommendations of the referring physician to refer a medically fragile 40 child for care at a particular specialty provider of care to medically fragile children, or the recommended treatment plan by the treating 41 42 physician at a specialty care center for medically fragile children, 43 except where the utilization review agent has determined, by clear and convincing evidence, that: (1) the recommended provider or proposed 44 45 treatment plan is not in the best interest of the medically fragile 46 child; or (2) an alternative provider offering substantially the same 47 level of care in accordance with substantially the same treatment plan 48 is available from a lower cost provider.

49 § 13. This act shall take effect January 1, 2023.