

BY: M. of A. Palmesano

CONGRATULATING Elyssa DeRosa upon the occasion of capturing the 2022 NYSPHSAA/NYS Federation Indoor Track Championship in the Weight Throw

WHEREAS, Individual and team championships are highly sought after in high school sports; this Legislative Body commends rare athletic achievements and pays special recognition to those who pursue such excellence and become examples for the youth of this great Empire State; and

WHEREAS, Athletic competition helps to enhance both the moral and physical development of young athletes, preparing them for the future by instilling in them the importance of teamwork, encouraging a standard of healthy living, and developing a sense of fair play and competition; and

WHEREAS, This Legislative Body is justly proud to congratulate Elyssa DeRosa upon the occasion of capturing the 2022 NYSPHSAA/NYS Federation Indoor Track Championship in the Weight Throw on Saturday, March 5, 2022, at the Ocean Breeze Athletic Complex in Staten Island, New York; and

WHEREAS, To the praise and applause of her excited fans, Corning-Painted Post High School senior Elyssa DeRosa won the 20lb Women's Varsity Weight Throw with an outstanding personal best record of 49' 09.00"; and

WHEREAS, Elyssa DeRosa earned her ticket to this event by placing first in the Section IV New York State Qualifiers, with a personal best and Corning-Painted Post High School record of 46' 10.75"; and

WHEREAS, In addition to these monumental feats, Elyssa DeRosa placed 15th at the New Balance Nationals Indoor Track and Field Championship on Saturday, March 12, 2022, at the Armory in New York, New York; and

WHEREAS, A two-sport athlete, Elyssa DeRosa plans on playing Division 1 softball at George Mason University in Virginia; and

WHEREAS, In a sport such as weight throw, which demands strength, coordination and determination, Head Coach Ray Lawson, Throw Coach, Kale Wilcox, and Assistant Coaches Tom Ketchum and Joe Melanson worked hard to hone the skills of this champion; teaching this outstanding athlete lessons which will prove invaluable both in and out of the circle; and

WHEREAS, Proudly donning the school's colors of black and gold, her family, friends, and the community at large loyally and enthusiastically supported Elyssa DeRosa throughout her journey as she ended her season with an impressive overall record; and

WHEREAS, Sports competition instills the values of teamwork, pride and accomplishment, and Elyssa DeRosa has clearly made a contribution to

the spirit of excellence which is a tradition of her school; now, therefore, be it

RESOLVED, That this Legislative Body pause in its deliberations to congratulate Elyssa DeRosa upon the occasion of capturing the 2022 NYSPHSAA/NYS Federation Indoor Track Championship in the Weight Throw; and be it further

RESOLVED, That copies of this Resolution, suitably engrossed, be transmitted to Elyssa DeRosa, Head Coach Ray Lawson, Throw Coach, Kale Wilcox, and Assistant Coaches Tom Ketchum and Joe Melanson.