

Assembly Resolution No. 574

**BY:** M. of A. Kim

**RECOGNIZING** November 22, 2022, as Kimchi Day and honoring the history and importance of a beloved food staple first introduced in the United States and the State of New York by the Korean American community

**WHEREAS,** It is the custom of this Legislative Body to honor and commemorate relevant cultural artifacts that have had a significant and lasting impact on the world and the lives of countless residents in the State of New York; and

**WHEREAS,** Kimchi is a traditional dish in Korean cuisine with a long, rich history that began over two millennia ago during the period of the Three Kingdoms of Korea; and

**WHEREAS,** Korean Americans represent a vibrant, growing community in New York whose predecessors first arrived in America over a century ago, and whose members have gone on to become an indispensable part of the fabric of America; and

**WHEREAS,** In 2013, the United Nations Educational, Scientific, and Cultural Organization officially recognized the Korean traditional process of preparing kimchi, "Kimjang", on its Representative List of the Intangible Cultural Heritage of Humanity; and

**WHEREAS,** The greater New York metropolitan area is home to one of the largest and most vibrant communities of Korean Americans who represent a long and storied part of the American fabric and have made numerous contributions to science, law, business, art, and many other fields; and

**WHEREAS,** Kimchi has been widely acknowledged as a probiotic food item with well-established positive health benefits, serving as an excellent source of beta-carotene, calcium, potassium, dietary fiber, and vitamins A, B, C and K, which can lower rates of heart disease, cancer, stroke, and diabetes; and

**WHEREAS,** The growing interest and popularity of kimchi as a dish in America and the State of New York, as evidenced by an increase in available kimchi-related food products, restaurant menu items, and interest from non-Korean consumers represents a positive example of multicultural exchange; and

**WHEREAS,** Kimchi is celebrated in Korea, the land of its origin, each year through the designation of November 22nd as Kimchi Day; now, therefore, be it

**RESOLVED,** That this Legislative Body pause in its deliberations to recognize November 22, 2022, as Kimchi Day and to honor the history and importance of a beloved food staple first introduced in the United

States and the State of New York by the Korean American community; and  
be it further

**RESOLVED,** That copies of this Resolution, suitably engrossed, be  
transmitted to the Korean American communities throughout the State of  
New York.