

**BY:** Senator O'MARA

**CONGRATULATING** Jack Gregorski upon the occasion of capturing the 2022 NYSPHSAA Indoor Track Championship in the 3200 Meter Run

**WHEREAS,** Individual and team championships are highly sought after in high school sports; this Legislative Body commends rare athletic achievements and pays special recognition to those who pursue such excellence and become examples for the youth of this great Empire State; and

**WHEREAS,** Athletic competition helps to enhance both the moral and physical development of young athletes, preparing them for the future by instilling in them the importance of teamwork, encouraging a standard of healthy living, and developing a sense of fair play and competition; and

**WHEREAS,** This Legislative Body is justly proud to congratulate Jack Gregorski upon the occasion of capturing the 2022 NYSPHSAA Indoor Track Championship in the 3200 Meter Run on Saturday, March 5, 2022, at the Ocean Breeze Athletic Complex in Staten Island, New York; and

**WHEREAS,** To the praise and applause of his excited fans, Corning-Painted Post High School senior Jack Gregorski won the 3200 Meter Run with an outstanding time of 8:57.96, breaking his school record and the Section 4 record; this incredible time makes him the first athlete from his school and Section 4 to ever break the nine-minute mark; and

**WHEREAS,** In addition to this monumental feat, Jack Gregorski anchored the 4xMile Relay Race, helping his team to place second with an impressive time of 4:13 at the New Balance Nationals Indoor Track and Field Championship on Saturday, March 12, 2022, at the Armory in New York, New York; and

**WHEREAS,** After graduating, Jack Gregorski plans to run Cross Country and Track and Field for the Princeton University Tigers; and

**WHEREAS,** In a sport such as long distance running, which demands stamina, speed and determination, Head Coach Ray Lawson and Assistant Coaches Tom Ketchum, Joe Melanson, and Kale Wilcox worked hard to hone the skills of this champion; teaching this outstanding athlete lessons which will prove invaluable both on and off the track; and

**WHEREAS,** Proudly donning the school's colors of black and gold, his family, friends, and the community at large loyally and enthusiastically supported Jack Gregorski throughout his journey as he ended his season with an impressive overall record; and

**WHEREAS,** Sports competition instills the values of teamwork, pride and accomplishment, and Jack Gregorski has clearly made a contribution to the spirit of excellence which is a tradition of his school; now,

therefore, be it

**RESOLVED,** That this Legislative Body pause in its deliberations to congratulate Jack Gregorski upon the occasion of capturing the 2022 NYSPHSAA Indoor Track Championship in the 3200 Meter Run; and be it further

**RESOLVED,** That copies of this Resolution, suitably engrossed, be transmitted to Jack Gregorski, Head Coach Ray Lawson and Assistant Coaches Tom Ketchum, Joe Melanson, and Kale Wilcox.