STATE OF NEW YORK

2529

2019-2020 Regular Sessions

IN SENATE

January 28, 2019

Introduced by Sen. LITTLE -- read twice and ordered printed, and when printed to be committed to the Committee on Insurance

AN ACT to amend the insurance law and the social services law, in relation to requiring insurance and Medicaid coverage for inpatient and outpatient substance abuse treatment for a period of not less than forty-five days

The People of the State of New York, represented in Senate and Assembly, do enact as follows:

Section 1. Subparagraph (A) of paragraph 30 of subsection (i) of section 3216 of the insurance law, as amended by section 1 of part B of chapter 71 of the laws of 2016, is amended to read as follows:

- (A) Every policy that provides hospital, major medical or similar 5 comprehensive coverage must provide inpatient coverage for the diagnosis and treatment of substance use disorder, including detoxification and 7 rehabilitation services, for a period of not less than forty-five days. Such inpatient coverage shall include unlimited medically necessary treatment for substance use disorder treatment services provided in 10 residential settings as required by the Mental Health Parity and Addiction Equity Act of 2008 (29 U.S.C. § 1185a). Further, such inpa-11 tient coverage shall not apply financial requirements or treatment limi-12 13 tations, including utilization review requirements, to substance use disorder benefits that are more restrictive than the 15 predominant financial requirements and treatment limitations applied to substantially all medical and surgical benefits covered by the policy. 16 Further, such coverage shall be provided consistent with the federal 17 18 Paul Wellstone and Pete Domenici Mental Health Parity and Addiction 19 Equity Act of 2008 (29 U.S.C. § 1185a).
- § 2. Subparagraph (A) of paragraph 31 of subsection (i) of section 3216 of the insurance law, as added by chapter 41 of the laws of 2014, is amended to read as follows:

EXPLANATION--Matter in italics (underscored) is new; matter in brackets
[-] is old law to be omitted.

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(A) Every policy that provides medical, major medical or similar comprehensive-type coverage must provide outpatient coverage for the diagnosis and treatment of substance use disorder, including detoxification and rehabilitation services, for a period of not less than fortyfive days. Such coverage shall not apply financial requirements or treatment limitations to outpatient substance use disorder benefits that are more restrictive than the predominant financial requirements and treatment limitations applied to substantially all medical and surgical benefits covered by the policy. Further, such coverage shall be provided consistent with the federal Paul Wellstone and Pete Domenici Mental Health Parity and Addiction Equity Act of 2008 (29 U.S.C. 1185a).

- § 3. Subparagraph (A) of paragraph 6 of subsection (1) of section 3221 of the insurance law, as amended by section 2 of part B of chapter 71 of the laws of 2016, is amended to read as follows:
- 16 (A) Every policy that provides hospital, major medical or similar 17 comprehensive coverage must provide inpatient coverage for the diagnosis 18 and treatment of substance use disorder, including detoxification and rehabilitation services, for a period of not less than forty-five days. 19 20 Such inpatient coverage shall include unlimited medically necessary 21 treatment for substance use disorder treatment services provided in 22 residential settings as required by the Mental Health Parity and Addiction Equity Act of 2008 (29 U.S.C. § 1185a). Further, such inpa-23 24 tient coverage shall not apply financial requirements or treatment limitations, including utilization review requirements, 25 inpatient to 26 substance use disorder benefits that are more restrictive than the 27 predominant financial requirements and treatment limitations applied to substantially all medical and surgical benefits covered by the policy. 28 Further, such coverage shall be provided consistent with the federal 29 30 Paul Wellstone and Pete Domenici Mental Health Parity and Addiction 31 Equity Act of 2008 (29 U.S.C. § 1185a).
- 32 § 4. Subparagraph (A) of paragraph 7 of subsection (1) of section 3221 33 of the insurance law, as amended by chapter 41 of the laws of 2014, 34 amended to read as follows:
- (A) Every policy that provides medical, major medical or similar comprehensive-type coverage must provide outpatient coverage for the diagnosis and treatment of substance use disorder, including detoxification and rehabilitation services, for a period of not less than fortyfive days. Such coverage shall not apply financial requirements or treatment limitations to outpatient substance use disorder benefits that 40 41 are more restrictive than the predominant financial requirements and 42 treatment limitations applied to substantially all medical and surgical 43 benefits covered by the policy. Further, such coverage shall be provided consistent with the federal Paul Wellstone and Pete Domenici 44 45 Mental Health Parity and Addiction Equity Act of 2008 (29 U.S.C. § 1185a).
 - § 5. Paragraph 1 of subsection (k) of section 4303 of the insurance law, as amended by section 3 of part B of chapter 71 of the laws of 2016, is amended to read as follows:
- (1) Every contract that provides hospital, major medical or similar 51 comprehensive coverage must provide inpatient coverage for the diagnosis 52 and treatment of substance use disorder, including detoxification and rehabilitation services, for a period of not less than forty-five days. 54 Such inpatient coverage shall include unlimited medically necessary 55 treatment for substance use disorder treatment services provided in residential settings as required by the Mental Health Parity and

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Addiction Equity Act of 2008 (29 U.S.C. § 1185a). Further, such inpatient coverage shall not apply financial requirements or treatment limitations, including utilization review requirements, to inpatient substance use disorder benefits that are more restrictive than the predominant financial requirements and treatment limitations applied to substantially all medical and surgical benefits covered by the contract. Further, such coverage shall be provided consistent with the federal Paul Wellstone and Pete Domenici Mental Health Parity and Addiction Equity Act of 2008 (29 U.S.C. § 1185a).

- § 6. Paragraph 1 of subsection (1) of section 4303 of the insurance law, as amended by chapter 41 of the laws of 2014, is amended to read as follows:
- (1) Every contract that provides medical, major medical or similar comprehensive-type coverage must provide outpatient coverage for the diagnosis and treatment of substance use disorder, including detoxification and rehabilitation services, for a period not less than forty-five days. Such coverage shall not apply financial requirements or treatment limitations to outpatient substance use disorder benefits that are more restrictive than the predominant financial requirements and treatment limitations applied to substantially all medical and surgical benefits covered by the contract. Further, such coverage shall be provided consistent with the federal Paul Wellstone and Pete Domenici Mental Health Parity and Addiction Equity Act of 2008 (29 U.S.C. § 1185a).
- § 7. Paragraph (c) of subdivision 2 of section 365-a of the social services law, as amended by section 12-a of part C of chapter 60 of the laws of 2014, is amended to read as follows:
- (c) out-patient hospital or clinic services in facilities operated in compliance with applicable provisions of this chapter, the public health law, the mental hygiene law and other laws, including any provisions thereof requiring an operating certificate or license, including facilities authorized by the appropriate licensing authority to provide integrated mental health services, and/or alcoholism and substance abuse services, and/or physical health services, and/or services to persons with developmental disabilities, when such services are provided at a single location or service site, or where such facilities are not conveniently accessible, in any hospital located within the state and care and services in a day treatment program operated by the department of mental hygiene or by a voluntary agency under an agreement with such department in that part of a public institution operated and approved pursuant to law as an intermediate care facility for persons with developmental disabilities; and provided, that alcoholism and substance abuse services shall be covered for a period of not less than forty-five days; and provided <u>further</u>, that the commissioners of health, mental health, alcoholism and substance abuse services and the office for people with developmental disabilities may issue regulations, including emergency regulations promulgated prior to October first, two thousand fifteen that are required to facilitate the establishment of integrated services clinics. Any such regulations promulgated under this paragraph shall be described in the annual report required pursuant to section forty-five-c of part A of chapter fifty-six of the laws of two thousand thirteen;
- § 8. Paragraph (n) of subdivision 2 of section 365-a of the social services law, as amended by chapter 558 of the laws of 1999, is amended to read as follows:
- (n) care, treatment, maintenance and rehabilitation services that would otherwise qualify for reimbursement pursuant to this chapter to persons suffering from alcoholism in alcoholism facilities or chemical

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dependence, as such term is defined in section 1.03 of the mental hygiene law, in inpatient chemical dependence facilities, services, or programs operated in compliance with applicable provisions of this chapter and the mental hygiene law, and certified by the office of alcoholism and substance abuse services, provided however that such services shall be limited to such periods of time as may be determined necessary in accordance with a utilization review procedure established by the commissioner of the office of alcoholism and substance abuse services and that such services shall be covered for a period of not less than forty-five days, and provided further, that this paragraph shall not apply to any hospital or part of a hospital as defined in section two thousand eight hundred one of the public health law.

13 § 9. This act shall take effect immediately and shall apply to all 14 policies and contracts issued, renewed, modified, altered or amended on 15 or after such date.