

# STATE OF NEW YORK

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8094

2019-2020 Regular Sessions

## IN ASSEMBLY

May 31, 2019

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Introduced by M. of A. BARRETT -- read once and referred to the Committee on Veterans' Affairs

AN ACT requiring the division of veterans' services to review issues relating to veterans' abilities to access state parks, lands and facilities; and providing for the repeal of such provisions upon expiration thereof

The People of the State of New York, represented in Senate and Assembly, do enact as follows:

1 Section 1. This act shall be known and may be cited as the "outdoor Rx  
2 act".

3 § 2. Legislative findings and intent. The legislature hereby finds and  
4 declares that protecting the physical, mental and behavioral health of  
5 veterans is critical to ensure successful re-entry into civilian life.  
6 Studies have shown that time outdoors can be a valuable adjunct therapy  
7 in addition to more traditional health care, while also reducing reli-  
8 ance on prescription medication. The therapeutic benefits of time spent  
9 outdoors is clinically proven and is known to help reduce stress,  
10 improve concentration, and promote overall well-being, both physical and  
11 mental. Outdoor-based therapeutic programs hold particular promise for  
12 people suffering from Post-Traumatic Stress Disorder and Substance Use  
13 Disorders. Outdoor programs including adventure therapy, wilderness  
14 therapy, horticultural therapy, walk-and-talk therapy, and other  
15 nature-based programs, are currently being used by mental health profes-  
16 sionals and are shown to have benefits including reduction of stress,  
17 restoration of attention, and an improved sense of well-being. New York  
18 state is home to natural beauty from the Great Lakes to the Atlantic  
19 Ocean, and has a significant amount of open space, including the Adiron-  
20 dack and Catskill parks. Recognizing the healing benefits of outdoor-  
21 based therapeutic programs to residents of the state, particularly  
22 veterans and individuals recovering from substance abuse or a physical

EXPLANATION--Matter in italics (underscored) is new; matter in brackets  
[-] is old law to be omitted.

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1 or mental trauma, the legislature supports the establishment of an  
2 outdoor Rx act.

3 § 3. 1. The director of the division of veterans' services shall, in  
4 consultation with the office of parks, recreation and historic preserva-  
5 tion, the department of environmental conservation, the department of  
6 health, and the office of mental health, review:

7 a. current state policies regarding free and discounted access to  
8 state parks, lands, and recreational facilities by veterans, service-  
9 connected disabled veterans, gold star families, and other military-con-  
10 nected individuals;

11 b. opportunities to formalize coordination between the division of  
12 veterans' services, other state agencies, and partner organizations  
13 regarding the use of public lands or other outdoor spaces to facilitate  
14 access, medical treatment and nature-based therapy for veterans;

15 c. state lands, based on veterans' demographics including, but not  
16 limited to, service-connected disabled veterans, that should be prior-  
17 itized for access;

18 d. barriers that exist to providing veterans with increased access and  
19 opportunities for such treatment and nature-based therapy;

20 e. recommendations, following consultation with appropriate veterans'  
21 outdoor recreation groups, to better facilitate the use of state owned  
22 and managed lands for access, preventative care, medical treatment, and  
23 nature-based therapy; and

24 f. estimated costs of expanding access/benefits and potential funding  
25 sources, including state funding and public-private partnership opportu-  
26 nities.

27 2. Following such review, which shall be completed no later than Janu-  
28 ary 1, 2021, the division of veterans' services shall submit findings to  
29 the governor, the temporary president of the senate, the speaker of the  
30 assembly, the minority leader of the senate and the minority leader of  
31 the assembly. Information shall also be posted in a timely manner on the  
32 division of veterans' services' website and a link to such document  
33 shall also be available on the websites of the office of parks, recre-  
34 ation and historic preservation and the department of environmental  
35 conservation.

36 § 4. This act shall take effect immediately and shall expire and be  
37 deemed repealed December 31, 2021.