STATE OF NEW YORK

9061

IN SENATE

October 23, 2020

Introduced by Sen. KENNEDY -- read twice and ordered printed, and when printed to be committed to the Committee on Rules

AN ACT to amend the insurance law, in relation to insurance coverage of comprehensive annual medical examinations for firefighters

The People of the State of New York, represented in Senate and Assembly, do enact as follows:

- 1 Section 1. Subsection (i) of section 3216 of the insurance law is 2 amended by adding a new paragraph 36 to read as follows:
- 3 (36)(A) Every policy which provides medical, major medical, or similar
 4 comprehensive-type coverage shall provide coverage for comprehensive
 5 annual medical exams for insured individuals who are firefighters. Such
 6 comprehensive annual medical exam coverage shall include:
- 7 (i) a detailed symptom health history including headaches, skin rash-8 es, intestinal or respiratory symptoms, weakness, and cognitive dysfunc-9 tion;
- 10 <u>(ii) an in person physical exam including cardiovascular, skin,</u>
 11 thyroid, mouth, pulmonary, intestinal, urinary, lymph node, neurologi12 cal, musculoskeletal, breast and testes, as applicable, examination;
- 13 <u>(iii) vital signs and body measures tested and recorded including</u>
 14 <u>blood pressure, oxygen saturation, heart and respiratory rate, weight,</u>
 15 <u>height and body fat percentage;</u>
- 16 <u>(iv) laboratory assessments including:</u>
- a. comprehensive metabolic panel, complete blood count with differential, lipid panel, thyroid stimulating hormone, high-sensitivity c-reactive protein, and hemoglobin Alc blood tests; and
- b. urinalysis for pH, glucose, ketones, protein, blood and bilirubin, and microscopic assessment for white blood cells, red blood cells, white blood cell casts, red blood cell casts, and crystals;
- 23 (v) spirometry;
- 24 (vi) cancer screening, including, digital rectal exam for individuals
 25 with prostate-specific antigen, cervical exam with Pap test, breast
 26 exam, respirator fit test, colonoscopies beginning at forty-five years
 27 of age or earlier depending on family history, mammograms beginning at
 28 age forty or earlier depending on family history, and low dose computed

EXPLANATION--Matter in italics (underscored) is new; matter in brackets
[-] is old law to be omitted.

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tomography depending on age, smoking history, forced expiratory volume
feel (FEV1), family history of lung cancer, obstructive lung disease and
history of pneumonia; and

- 4 <u>(vii) a stress electrocardiogram with maximal oxygen uptake calcu-</u> 5 <u>lated.</u>
- 6 (B) Notwithstanding the requirements for comprehensive annual medical
 7 exam coverage pursuant to subparagraph (A) of this paragraph, such
 8 coverage shall additionally include a chest x-ray every five years and
 9 any additional testing determined necessary by the commissioner of
 10 health.
- 11 (C) An insured shall identify his or her profession as a firefighter 12 and years of service to his or her primary care physician to receive 13 such comprehensive annual medical examination pursuant to this para-14 graph.
 - (D) As used in this paragraph the term "firefighter" means (i) any firefighter regularly employed by a fire department of any municipality in the state and (ii) any volunteer firefighter as defined in subdivision one of section three of the volunteer firefighters' benefit law.
- 19 § 2. Subsection (1) of section 3221 of the insurance law is amended by 20 adding a new paragraph 21 to read as follows:
 - (21)(A) Every policy which provides medical, major medical, or similar comprehensive-type coverage shall provide coverage for comprehensive annual medical exams for insured individuals who are firefighters. Such comprehensive annual medical exam coverage shall include:
 - (i) a detailed symptom health history including headaches, skin rashes, intestinal or respiratory symptoms, weakness, and cognitive dysfunction;
- 28 <u>(ii) an in person physical exam including cardiovascular, skin,</u>
 29 <u>thyroid, mouth, pulmonary, intestinal, urinary, lymph node, neurologi-</u>
 30 <u>cal, musculoskeletal, breast and testes, as applicable, examination;</u>
- 31 (iii) vital signs and body measures tested and recorded including 32 blood pressure, oxygen saturation, heart and respiratory rate, weight, 33 height and body fat percentage;
 - (iv) laboratory assessments including:
- 35 <u>a. comprehensive metabolic panel, complete blood count with differen-</u>
 36 <u>tial, lipid panel, thyroid stimulating hormone, high-sensitivity c-reac-</u>
 37 <u>tive protein, and hemoglobin Alc blood tests; and</u>
 - b. urinalysis for pH, glucose, ketones, protein, blood and bilirubin, and microscopic assessment for white blood cells, red blood cells, white blood cell casts, red blood cell casts, and crystals;
 - (v) spirometry;

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- 42 (vi) cancer screening, including, digital rectal exam for individuals 43 with prostate-specific antigen, cervical exam with Pap test, breast 44 exam, respirator fit test, colonoscopies beginning at forty-five years 45 of age or earlier depending on family history, mammograms beginning at 46 age forty or earlier depending on family history, and low dose computed tomography depending on age, smoking history, forced expiratory volume 47 (FEV1), family history of lung cancer, obstructive lung disease and 48 49 history of pneumonia; and
- 50 (vii) a stress electrocardiogram with maximal oxygen uptake calcu-51 lated.
- 52 (B) Notwithstanding the requirements for comprehensive annual medical 53 exam coverage pursuant to subparagraph (A) of this paragraph, such 54 coverage shall additionally include a chest x-ray every five years and 55 any additional testing determined necessary by the commissioner of 56 health.

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(C) An insured shall identify his or her profession as a firefighter 2 and years of service to his or her primary care physician to receive 3 such comprehensive annual medical examination pursuant to this paragraph.

- (D) As used in this paragraph the term "firefighter" means (i) any firefighter regularly employed by a fire department of any municipality in the state and (ii) any volunteer firefighter as defined in subdivision one of section three of the volunteer firefighters' benefit law.
- 9 § 3. Section 4303 of the insurance law is amended by adding a new 10 subsection (1-2) to read as follows:
- 11 (1-2)(A) Every contract which provides medical, major medical, or similar comprehensive-type coverage shall provide coverage for compre-12 13 hensive annual medical exams for insured individuals who are firefighters. Such comprehensive annual medical exam coverage shall include: 14
- (i) a detailed symptom health history including headaches, skin rash-15 16 es, intestinal or respiratory symptoms, weakness, and cognitive dysfunc-17 tion;
- (ii) an in person physical exam including cardiovascular, skin, 18 19 thyroid, mouth, pulmonary, intestinal, urinary, lymph node, neurologi-20 cal, musculoskeletal, breast and testes, as applicable, examination;
- 21 (iii) vital signs and body measures tested and recorded including blood pressure, oxygen saturation, heart and respiratory rate, weight, 22 height and body fat percentage; 23
 - (iv) laboratory assessments including:
 - a. comprehensive metabolic panel, complete blood count with differential, lipid panel, thyroid stimulating hormone, high-sensitivity c-reactive protein, and hemoglobin Alc blood tests; and
 - b. urinalysis for pH, glucose, ketones, protein, blood and bilirubin, and microscopic assessment for white blood cells, red blood cells, white blood cell casts, red blood cell casts, and crystals;
 - (v) spirometry;
 - (vi) cancer screening, including, digital rectal exam for individuals with prostate-specific antigen, cervical exam with Pap test, breast exam, respirator fit test, colonoscopies beginning at forty-five years of age or earlier depending on family history, mammograms beginning at age forty or earlier depending on family history, and low dose computed tomography depending on age, smoking history, forced expiratory volume (FEV1), family history of lung cancer, obstructive lung disease and history of pneumonia; and
- (vii) a stress electrocardiogram with maximal oxygen uptake calcu-40 41 lated.
 - (B) Notwithstanding the requirements for comprehensive annual medical exam coverage pursuant to paragraph (A) of this subsection, such coverage shall additionally include a chest x-ray every five years and any additional testing determined necessary by the commissioner of health.
- 46 (C) An insured shall identify his or her profession as a firefighter and years of service to his or her primary care physician to receive 47 such comprehensive annual medical examination pursuant to this 48 49 subsection.
- (D) As used in this subsection the term "firefighter" means (i) any 50 51 firefighter regularly employed by a fire department of any municipality in the state and (ii) any volunteer firefighter as defined in subdivi-52 53 sion one of section three of the volunteer firefighters' benefit law.
- 54 § 4. This act shall take effect immediately and shall apply to poli-55 cies and contracts issued, renewed, modified, altered or amended on and after such date.