

# STATE OF NEW YORK

1016

2019-2020 Regular Sessions

## IN SENATE

January 10, 2019

Introduced by Sen. SERINO -- read twice and ordered printed, and when printed to be committed to the Committee on Health

AN ACT to amend the public health law, in relation to informational materials concerning menstrual disorders

The People of the State of New York, represented in Senate and Assembly, do enact as follows:

1 Section 1. The public health law is amended by adding a new section  
2 268 to read as follows:

3 § 268. Informational materials concerning menstrual disorders.  
4 Subject to appropriation, the commissioner, in conjunction with the  
5 commissioner of education, shall create age specific informational mate-  
6 rials to be provided to school districts and health care practitioners  
7 upon request to distribute to students and patients educating them about  
8 menstrual disorders and their symptoms. The materials shall include, but  
9 be not limited to:

10 1. the timing, signs and symptoms of endometriosis and other menstrual  
11 disorders;

12 2. the importance of menstrual health and its impacts on one's phys-  
13 ical, emotional, social, and academic life;

14 3. basic statistics on endometriosis and other menstrual disorders;

15 4. best practices on how to be one's own healthcare advocate; and

16 5. basic treatment options for endometriosis and other menstrual  
17 disorders, as well as recommendations for follow-up care from a health-  
18 care provider.

19 § 2. This act shall take effect on the one hundred twentieth day after  
20 it shall have become a law.

EXPLANATION--Matter in italics (underscored) is new; matter in brackets  
[-] is old law to be omitted.

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