

**BY:** Senator BRESLIN

**HONORING** Diane H. Hart upon the occasion of her designation as recipient of the 2020 Third Age Achievement Award for Physical Fitness by Lifepath

**WHEREAS,** From time to time this Legislative Body takes note of certain extraordinary individuals it wishes to recognize for their valued contributions to the success and progress of society and publicly acknowledge their endeavors which have enhanced the basic humanity among us all; and

**WHEREAS,** This Legislative Body is justly proud to honor Diane H. Hart upon the occasion of her designation as recipient of the 2020 Third Age Achievement Award for Physical Fitness by Lifepath, which was celebrated at its 24th Annual Awards Ceremony on Friday, May 25, 2020; and

**WHEREAS,** Each year, this auspicious event recognizes the contributions area residents and professionals have made in their communities during the Third Age, after turning 60 years-old, of their lives; Diane H. Hart is truly deserving of this prestigious award; and

**WHEREAS,** Lifepath is dedicated to keeping older neighbors and friends healthy and safe by providing effective programs and support to help them stay connected to their communities; and

**WHEREAS,** Diane H. Hart is a lifelong resident of Albany, New York, and a passionate evangelist in the promotion of health and wellness, particularly for the senior population; and

**WHEREAS,** She is a Medical Fitness Professional and Health Educator, having spent over 30 years of her career dedicated to the mission of improving the health and quality of life for all Americans, especially in the Capital District; the City of Albany even designated June 16th as "Diane Hart Day"; and

**WHEREAS,** This extraordinary woman lives her life by the philosophy that if one wants to live long, they should MOVE!; and

**WHEREAS,** Diane H. Hart is the President and Executive Director of the National Association for Health and Fitness, Founder of Hart to Heart Fitness, and a contributor to the National Physical Activity Plan with a senior population focus; and

**WHEREAS,** Furthermore, Diane H. Hart is the Architect and Chair of Global Employee Health and Fitness Month which celebrates the importance of the workforce and their families, as well as a consultant to the United Nations regarding Global non-communicable diseases; and

**WHEREAS,** It is the sense of this Legislative Body that those who enhance the well-being and vitality of their community and have shown a

long and sustained commitment to excellence certainly have earned the recognition and applause of all the citizens of this great Empire State; now, therefore, be it

**RESOLVED,** That this Legislative Body pause in its deliberations to honor Diane H. Hart upon the occasion of her designation as recipient of the 2020 Third Age Achievement Award for Physical Fitness by Lifepath; and be it further

**RESOLVED,** That a copy of this Resolution, suitably engrossed, be transmitted to Diane H. Hart.