

Senate Resolution No. 1662

BY: Senator CARLUCCI

MEMORIALIZING Governor Andrew M. Cuomo to proclaim
June 5, 2019, as Running Day in the State of New
York

WHEREAS, It is the sense of this Legislative Body to acknowledge
days which promote healthy living and exercise; and

WHEREAS, Attendant to such concern, and in full accord with its
long-standing traditions, this Legislative Body is justly proud to
memorialize Governor Andrew M. Cuomo to proclaim June 5, 2019, as
Running Day in the State of New York, in conjunction with the observance
of National Running Day; and

WHEREAS, The observance of a National Day for Running began on June
3, 2009; since its inception, the day has been held on the first
Wednesday of June; and

WHEREAS, National Running Day is a national initiative of the major
organizations within the running industry to promote running as a
healthy, easy, and accessible form of exercise; and

WHEREAS, From New York to San Diego, the day will celebrate the
benefits of running as part of a healthy and active lifestyle aimed at
combating some of today's most pressing health issues; and

WHEREAS, Individuals from the State of New York can participate in
Running Day by simply getting out and running; whether it is with a
group or alone, Running Day is the perfect time to start fresh with new
fitness goals; and

WHEREAS, It is fitting to set aside days which encourage a healthy
lifestyle and, in doing so, enhance the health and welfare of the entire
State of New York; and

WHEREAS, The annual Capitol Fun Run will be held this afternoon
outside of the State Capitol; now, therefore, be it

RESOLVED, That this Legislative Body pause in its deliberations to
memorialize Governor Andrew M. Cuomo to proclaim June 5, 2019, as
Running Day in the State of New York; and be it further

RESOLVED, That a copy of this Resolution, suitably engrossed, be
transmitted to The Honorable Andrew M. Cuomo, Governor of the State of
New York.