

STATE OF NEW YORK

9535

IN ASSEMBLY

January 24, 2020

Introduced by M. of A. DE LA ROSA -- read once and referred to the
Committee on Mental Health

AN ACT to amend the mental hygiene law, in relation to establishing
Nicole's law

The People of the State of New York, represented in Senate and Assem-
bly, do enact as follows:

1 Section 1. This act shall be known and may be cited as "Nicole's law".

2 § 2. The mental hygiene law is amended by adding a new section 9.61 to
3 read as follows:

4 § 9.61 Patients with self-inflicted, life-threatening injuries.

5 1. For the purposes of this section the following terms shall have the
6 following meanings:

7 (a) "self-inflicted, life-threatening injuries" shall include suicide
8 attempts, drug overdoses, and other self-harm injuries including but not
9 limited to cutting oneself.

10 (b) "assisted outpatient services" shall mean categories of outpatient
11 services including, but not limited to, case management services or
12 assertive community treatment team services to provide care coordi-
13 nation, and may also include any of the following categories of
14 services: medication; periodic blood tests or urinalysis to determine
15 compliance with prescribed medications; individual or group therapy; day
16 or partial day programming activities; educational and vocational train-
17 ing or activities; alcohol or substance abuse treatment and counseling
18 and periodic tests for the presence of alcohol or illegal drugs for
19 persons with a history of alcohol or substance abuse; supervision of
20 living arrangements; and any other services within a local services plan
21 developed pursuant to article forty-one of this chapter, prescribed to
22 treat the person's mental illness and to assist the person in living and
23 functioning in the community, or to attempt to prevent a relapse or
24 deterioration that may reasonably be predicted to result in suicide or
25 the need for hospitalization.

26 (c) "assisted outpatient services provider" shall mean any organiza-
27 tion which provides assisted outpatient services.

28 2. All hospitals operating in this state shall, with regard to intake
29 practices, ensure the following when admitting patients with self-in-
30 fllicted, life-threatening injuries:

EXPLANATION--Matter in italics (underscored) is new; matter in brackets
[-] is old law to be omitted.

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1 (a) examine each such patient's medical history to determine whether
2 such patient has had any previous incidents of self-inflicted, life-
3 threatening injuries; and

4 (b) reach out to any known family or caretaker of such patient for
5 information about any previous instances of self-inflicted, life-threat-
6 ening injuries.

7 3. Where a patient admitted with self-inflicted, life-threatening
8 injuries is identified as having previous instances of self-inflicted,
9 life-threatening injuries, the hospital shall:

10 (a) obtain such patient's previous hospital records to verify such
11 previous instances of self-inflicted, life-threatening injuries;

12 (b) examine such patient's previous hospital records to determine
13 which treatments were previously used in order to avoid repeating prac-
14 tices which failed such patient and led to repeated episodes of self-in-
15 fllicted, life-threatening injuries;

16 (c) increase the minimum inpatient stay by an amount which shall be
17 directed by the commissioner of health by rule and/or regulation for
18 each previous instance of self-inflicted, life-threatening injuries; and

19 (d) make reasonable attempts to contact such patient's family or care-
20 taker in order to receive insights on such patient's mental health
21 history, and any other information which may be useful in such patient's
22 treatment.

23 4. Where a patient is being discharged after having been admitted with
24 self-inflicted, life-threatening injuries, the hospital shall:

25 (a) provide such patient's family or caretaker with notice of such
26 patient's discharge at least forty-eight hours prior to such discharge;

27 (b) ensure that hospital staff conduct a meeting with such patient,
28 which may include such patient's family or caretaker, to inform such
29 patient on what is needed to recover and how to best manage their mental
30 health;

31 (c) inform such patient of any assisted outpatient services providers
32 that could be helpful in such patient's recovery; and

33 (d) conduct a follow-up post-discharge within a time frame which shall
34 be established by the commissioner.

35 5. Where a patient is referred to an assisted outpatient services
36 provider by a hospital pursuant to paragraph (c) of subdivision four of
37 this section, such assisted outpatient services provider shall ensure
38 that such patient receives priority access to its assisted outpatient
39 services.

40 6. The operator of any clinical trial, as defined in section forty-
41 nine hundred of the public health law, which dismisses an individual
42 from consideration of participation because such individual indicates
43 that they have made a suicide attempt or have been suicidal, shall
44 provide such individual with the suicide crisis line, 1-800-273-8255,
45 and whenever possible the contact information of a local assisted outpa-
46 tient services provider. Such clinical trial operator shall also
47 provide a positive message to such individual such as, "If you need
48 help, I encourage you to seek that help, most importantly it will help
49 you feel better and hopefully you will be able to participate in the
50 future."

51 § 3. This act shall take effect one year after it shall have become a
52 law. Effective immediately, the addition, amendment and/or repeal of any
53 rule or regulation necessary for the implementation of this act on its
54 effective date are authorized to be made and completed on or before such
55 effective date.