STATE OF NEW YORK

5676

2017-2018 Regular Sessions

IN ASSEMBLY

February 14, 2017

Introduced by M. of A. CURRAN, FINCH, RAIA -- read once and referred to the Committee on Insurance

AN ACT to amend the insurance law, in relation to allowing reimbursements for certain services provided by licensed mental health counselors

The People of the State of New York, represented in Senate and Assembly, do enact as follows:

1 Section 1. Paragraph 4 of subsection (i) of section 3216 of the insur-2 ance law is amended to read as follows:

3 (4) If a policy provides for reimbursement for psychiatric or psycho-4 logical services or for diagnosis and treatment of mental, nervous, or 5 emotional disorders or ailments, however defined in the policy, the insured shall be entitled to reimbursement for such services, diagnosis б or treatment whether performed by a physician, psychiatrist $[\mathbf{or}]_{\mathbf{r}}$ a 7 8 certified and registered psychologist, or a licensed mental health coun-9 selor when the services rendered are within the lawful scope of their 10 practice.

11 § 2. Paragraph 4 of subsection (1) of section 3221 of the insurance 12 law, subparagraph (A) as amended by chapter 230 of the laws of 2004, 13 subparagraph (B) as amended by chapter 420 of the laws of 2002, and 14 subparagraphs (D) and (E) as amended by section 50 of part D of chapter 15 56 of the laws of 2013, is amended to read as follows:

(4) (A) Every insurer delivering a group policy or issuing a group 16 17 policy for delivery, in this state, which provides reimbursement for psychiatric or psychological services or for the diagnosis and treatment 18 of mental, nervous or emotional disorders and ailments, however defined 19 20 in such policy, by physicians, psychiatrists or psychologists, must make 21 available and if requested by the policyholder provide the same coverage to insureds for such services when performed by a licensed clinical 22 23 social worker, within the lawful scope of his or her practice, who is 24 licensed pursuant to article one hundred fifty-four of the education law

EXPLANATION--Matter in <u>italics</u> (underscored) is new; matter in brackets [-] is old law to be omitted.

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or a licensed mental health counselor, within the lawful scope of his or 1 her practice, who is licensed pursuant to article one hundred sixty-2 three of the education law. Written notice of the availability of such 3 4 coverage shall be delivered to the policyholder prior to inception of 5 such group policy and annually thereafter, except that this notice shall б not be required where a policy covers two hundred or more employees or 7 where the benefit structure was the subject of collective bargaining 8 affecting persons who are employed in more than one state. 9 (B) The state board for social work shall maintain a list of all 10 licensed clinical social workers qualified for reimbursement under this 11 paragraph. The state board of mental health practitioners shall maintain a list of all licensed mental health counselors qualified for reimburse-12 13 ment under this paragraph. 14 (C) Such coverage shall be made available at the inception of all new 15 policies and, with respect to all other policies at any subsequent annu-16 al anniversary date of the policy subject to evidence of insurability. 17 (D) In addition to the requirements of subparagraph (A) of this para-18 graph, every insurer issuing a group policy for delivery in this state 19 where the policy provides reimbursement to insureds for psychiatric or psychological services or for the diagnosis and treatment of mental, 20 21 nervous or emotional disorders and ailments, however defined in such policy, by physicians, psychiatrists or psychologists, shall provide the 22 same coverage to insureds for such services when performed by a licensed 23 24 clinical social worker, within the lawful scope of his or her practice, 25 is licensed pursuant to subdivision two of section seven thousand who 26 seven hundred four of the education law or a licensed mental health 27 counselor, within the lawful scope of his or her practice, who is licensed pursuant to subdivision three of section eight thousand four 28 29 hundred two of the education law and in addition shall have either: (i) 30 three or more additional years experience in psychotherapy, which for 31 the purposes of this subparagraph shall mean the use of verbal methods 32 in interpersonal relationships with the intent of assisting a person or 33 persons to modify attitudes and behavior that are intellectually, socially or emotionally maladaptive, under supervision, satisfactory to 34 35 the state board for social work, or the state board of mental health 36 practitioners, in a facility, licensed or incorporated by an appropriate 37 governmental department, providing services for diagnosis or treatment 38 of mental, nervous or emotional disorders or ailments; (ii) three or 39 more additional years experience in psychotherapy under the supervision, satisfactory to the state board for social work, or the state board of 40 41 mental health practitioners, of a psychiatrist, a licensed and regis-42 tered psychologist [**er**], a licensed clinical social worker or a licensed pursuant 43 mental health counselor qualified for reimbursement to subsection (e) of this section, or (iii) a combination of the experience 44 45 specified in items (i) and (ii) of this subparagraph totaling three 46 years, satisfactory to the state board for social work. The state board 47 of mental health practitioners shall maintain a list of all licensed 48 mental health counselors qualified for reimbursement under this subpara-49 graph. 50 (E) The state board for social work shall maintain a list of all 51 licensed clinical social workers qualified for reimbursement under 52 subparagraph (D) of this paragraph.

53 § 3. Item (ii) of subparagraph (A) of paragraph 5 of subsection (1) of 54 section 3221 of the insurance law, as amended by chapter 502 of the laws 55 of 2007, is amended to read as follows: 1 (ii) where the policy provides coverage for physician services, it 2 shall include benefits for outpatient care provided by a psychiatrist or psychologist licensed to practice in this state, a licensed clinical 3 4 social worker or a licensed mental health counselor who meets the 5 requirements of subparagraph (D) of paragraph four of this subsection, б or a professional corporation or university faculty practice corporation 7 thereof. Such benefits may be limited to not less than twenty visits in 8 any contract year, plan year, or calendar year.

9 § 4. Subparagraph (G) of paragraph 4 of subsection (f) of section 4235 10 of the insurance law, as relettered by chapter 456 of the laws of 1993, 11 is amended to read as follows:

(G) psychiatric or psychological services or for the diagnosis and 12 13 treatment of mental, nervous, or emotional disorders or ailments, howev-14 er defined in such policy, a subscriber to such policy shall be entitled to reimbursement for such psychiatric or psychological services or diag-15 16 nosis or treatment whether performed by a physician, psychiatrist $[\mathbf{or}]_{\mathbf{r}}$ 17 a certified and registered psychologist or a licensed mental health counselor when the services rendered are within the lawful scope of 18 19 their practice, and when such policy or any certificate issued there-20 under is delivered or issued for delivery without this state by an 21 authorized insurer, covered persons residing in this state shall be entitled to reimbursement for such diagnosis and treatment by a physi-22 cian, psychiatrist or a certified and registered psychologist as herein-23 24 above provided; and

S 5. Paragraph 1 of subsection (h) and subsections (i) and (n) of section 4303 of the insurance law, paragraph 1 of subsection (h) as amended by chapter 502 of the laws of 2007 and subsections (i) and (n) as amended by chapter 230 of the laws of 2004, are amended to read as follows:

30 (1) A medical expense indemnity corporation or a health service corpo-31 ration, which provides group, group remittance or school blanket cover-32 age for physician services, shall provide as part of its contract broad-33 based coverage for the diagnosis and treatment of mental, nervous or emotional disorders or ailments, however defined in such contract, at 34 35 least equal to the coverage provided for other health conditions and 36 shall include: benefits for outpatient care provided by a psychiatrist 37 psychologist licensed to practice in this state, a licensed clinical or 38 social worker or a licensed mental health counselor who meets the requirements of subsection (n) of this section, or a professional corpo-39 ration or university faculty practice corporation thereof, which bene-40 41 fits may be limited to not less than twenty visits in any contract year, 42 plan year or calendar year. Such coverage may be provided on a contract 43 year, plan year or calendar year basis and shall be consistent with the 44 provision of other benefits under the contract. Such coverage may be 45 subject to annual deductibles, co-pays and coinsurance as may be deemed 46 appropriate by the superintendent and shall be consistent with those 47 imposed on other benefits under the contract. In the event the group remittance group or contract holder is provided coverage provided under 48 this paragraph and under subparagraph (B) of paragraph one of subsection 49 50 (g) of this section from the same health service corporation, or under a 51 contract which is jointly underwritten by two health service corpo-52 rations or by a health service corporation and a medical expense indemnity corporation, the aggregate of the benefits for out-patient care 53 54 obtained under subparagraph (B) of paragraph one of subsection (g) of 55 this section and this paragraph may be limited to not less than twenty 56 visits in any contract year, plan year or calendar year.

1 (i) A medical expense indemnity corporation or health service corpo-2 ration which provides coverage for physicians, psychiatrists or psychol-3 ogists for psychiatric or psychological services or for the diagnosis 4 and treatment of mental, nervous or emotional disorders and ailments, 5 however defined in such contract, must make available and if requested б by all persons holding individual contracts in a group whose premiums 7 are paid by a remitting agent or by the contract holder in the case of a 8 group contract issued pursuant to section four thousand three hundred 9 five of this article, provide the same coverage for such services when 10 performed by a licensed clinical social worker, within the lawful scope 11 of his or her practice, who is licensed pursuant to article one hundred 12 fifty-four of the education law or a licensed mental health counselor, 13 within the lawful scope of his or her practice, who is licensed pursuant 14 to article one hundred sixty-three of the education law. The state board 15 for social work shall maintain a list of all licensed clinical social 16 workers qualified for reimbursement under this subsection. The state board of mental health practitioners shall maintain a list of all 17 licensed clinical social workers qualified for reimbursement under this 18 subsection. Such coverage shall be made available at the inception of 19 20 all new contracts and, with respect to all other contracts, at any anni-21 versary date subject to evidence of insurability. Written notice of the availability of such coverage shall be delivered to the group remitting 22 agent or group contract holder prior to inception of such contract and 23 24 annually thereafter, except that this notice shall not be required where 25 a policy covers two hundred or more employees or where the benefit 26 structure was the subject of collective bargaining affecting persons who 27 are employed in more than one state.

28 (n) In addition to the requirements of subsection (i) of this section, 29 every health service or medical expense indemnity corporation issuing a 30 group contract pursuant to this section or a group remittance contract 31 for delivery in this state which contract provides reimbursement to 32 subscribers or physicians, psychiatrists or psychologists for psychiat-33 ric or psychological services or for the diagnosis and treatment of mental, nervous or emotional disorders and ailments, however defined in 34 35 such contract, must provide the same coverage to persons covered under 36 the group contract for such services when performed by a licensed clin-37 social worker, within the lawful scope of his or her practice, who ical 38 is licensed pursuant to subdivision two of section seven thousand seven 39 hundred four of the education law or a licensed mental health counselor, 40 within the lawful scope of his or her practice, who is licensed pursuant to subdivision three of section eight thousand four hundred two of the 41 42 education law and in addition shall have either (i) three or more addi-43 tional years experience in psychotherapy, which for the purposes of this 44 subsection shall mean the use of verbal methods in interpersonal 45 relationships with the intent of assisting a person or persons to modify 46 attitudes and behavior which are intellectually, socially or emotionally 47 maladaptive, under supervision, satisfactory to the state board for social work or the state board of mental health practitioners, in a 48 facility, licensed or incorporated by an appropriate governmental 49 50 department, providing services for diagnosis or treatment of mental, 51 nervous or emotional disorders or ailments, or (ii) three or more addi-52 tional years experience in psychotherapy under the supervision, satis-53 factory to the state board for social work or the state board of mental 54 health practitioners, of a psychiatrist, a licensed and registered 55 psychologist or a licensed clinical social worker or licensed mental 56 health practitioner qualified for reimbursement pursuant to subsection

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(i) of this section, or (iii) a combination of the experience specified in [paragraphs] items (i) and (ii) of this subparagraph totaling three years, satisfactory to the state board for social work or the state board of mental health practitioners. The state board for social work shall maintain a list of all licensed clinical social workers qualified for reimbursement under this subsection. The state board of mental health practitioners shall maintain a list of all licensed mental health counselors qualified for reimbursement under this subsection.

9 § 6. This act shall take effect on the ninetieth day after it shall 10 have become a law.