

# STATE OF NEW YORK

3151

2017-2018 Regular Sessions

## IN SENATE

January 20, 2017

Introduced by Sens. SAVINO, HOYLMAN -- read twice and ordered printed,  
and when printed to be committed to the Committee on Health

AN ACT to amend the public health law, in relation to a terminally ill  
patient's request for and use of medication for medical aid in dying

The People of the State of New York, represented in Senate and Assem-  
bly, do enact as follows:

1 Section 1. This act shall be known and may be cited as the "medical  
2 aid in dying act".

3 § 2. The public health law is amended by adding a new article 28-F to  
4 read as follows:

### ARTICLE 28-F

#### MEDICAL AID IN DYING

##### Section 2899-d. Definitions.

8 2899-e. Request process.

9 2899-f. Attending physician responsibilities.

10 2899-g. Right to rescind request; requirement to offer opportu-  
11 nity to rescind.

12 2899-h. Consulting physician responsibilities.

13 2899-i. Referral to mental health professional.

14 2899-j. Medical record documentation requirements.

15 2899-k. Form of written request and witness attestation.

16 2899-l. Protection and immunities.

17 2899-m. Permissible refusals and prohibitions.

18 2899-n. Relation to other laws and contracts.

19 2899-o. Safe disposal of unused medications.

20 2899-p. Death certificate.

21 2899-q. Reporting.

22 2899-r. Penalties.

23 2899-s. Severability.

24 § 2899-d. Definitions. As used in this article:

25 1. "Adult" means an individual who is eighteen years of age or older.

EXPLANATION--Matter in italics (underscored) is new; matter in brackets  
[-] is old law to be omitted.

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1     2. "Attending physician" means the physician who has primary responsi-  
2 bility for the care of the patient and treatment of the patient's termi-  
3 nal disease.

4     3. "Capacity" or "capacity to make an informed decision" means the  
5 ability to understand and appreciate the nature and consequences of  
6 health care decisions, including the benefits and risks of and alterna-  
7 tives to any proposed health care, and to reach an informed decision.

8     4. "Consulting physician" means a physician who is qualified by  
9 specialty or experience to make a professional diagnosis and prognosis  
10 regarding a person's terminal illness.

11     5. "Health care facility" means a general hospital, nursing home, or  
12 residential health care facility as defined in section twenty-eight  
13 hundred one of this chapter.

14     6. "Health care provider" means a person licensed, certified, or  
15 authorized by law to administer health care or dispense medication in  
16 the ordinary course of business or practice of a profession.

17     7. "Informed decision" means a decision by a patient who is suffering  
18 from a terminal illness to request and obtain a prescription for medica-  
19 tion that the patient may self-administer to end the patient's life that  
20 is based on an understanding and acknowledgment of the relevant facts  
21 and that is made after being fully informed of:

22         (a) the patient's medical diagnosis and prognosis;

23         (b) the potential risks associated with taking the medication to be  
24 prescribed;

25         (c) the probable result of taking the medication to be prescribed;

26         (d) the possibility that the patient may choose not to obtain the  
27 medication, or may obtain the medication but may decide not to self-ad-  
28 minister it; and

29         (e) the feasible alternatives or additional treatment opportunities,  
30 including palliative care and hospice care.

31     8. "Medical aid in dying" means the medical practice of a physician  
32 prescribing medication to a qualified individual that the individual may  
33 choose to self-administer to bring about death.

34     9. "Medically confirmed" means the medical opinion of the attending  
35 physician that a patient has a terminal illness has been confirmed by a  
36 consulting physician who has examined the patient and the patient's  
37 relevant medical records.

38     10. "Medication" means medication prescribed by a physician under this  
39 article.

40     11. "Mental health professional" means a physician, nurse practition-  
41 er, physician assistant or psychologist, licensed or certified under the  
42 education law acting within his or her scope of practice and who is  
43 qualified, by training and experience, certification, or board certif-  
44 ication or eligibility, to make a determination under section twenty-  
45 eight hundred ninety-nine-i of this article; provided that in the case  
46 of a nurse practitioner or physician assistant, the professional shall  
47 not have a collaborative agreement or collaborative relationship with or  
48 be supervised by the attending physician or consulting physician.

49     12. "Palliative care" means health care treatment, including interdis-  
50 ciplinary end-of-life care, and consultation with patients and family  
51 members, to prevent or relieve pain and suffering and to enhance the  
52 patient's quality of life, including hospice care under article forty of  
53 this chapter.

54     13. "Patient" means a person who is eighteen years of age or older  
55 under the care of a physician.

1 14. "Physician" means an individual licensed to practice medicine in  
2 New York state.

3 15. "Qualified individual" means a patient with a terminal illness,  
4 who has capacity, has made an informed decision, and has satisfied the  
5 requirements of this article in order to obtain a prescription for medi-  
6 cation.

7 16. "Self-administer" means a qualified individual's affirmative,  
8 conscious, and voluntary act of using medication under this article.

9 17. "Terminal illness" means an illness that will, within reasonable  
10 medical judgment, result in death within six months, whether or not  
11 treatment is provided.

12 § 2899-e. Request process. 1. Oral and written request. A patient  
13 wishing to request medication under this article shall make an oral  
14 request and submit a written request to the patient's attending physi-  
15 cian.

16 2. Making a written request. A patient may make a written request for  
17 and consent to self-administer medication for the purpose of ending his  
18 or her life in accordance with this article if the patient:

19 (a) has been determined by the attending physician to have a terminal  
20 illness and which has been medically confirmed by a consulting physi-  
21 cian; and

22 (b) voluntarily expresses the request for medication.

23 3. Written request signed and witnessed. (a) A written request for  
24 medication under this article shall be signed and dated by the patient  
25 and witnessed by at least two adults who, in the presence of the  
26 patient, attest that to the best of his or her knowledge and belief the  
27 patient has capacity, is acting voluntarily, and is not being coerced to  
28 sign the request. The written request shall be in substantially the form  
29 described in section twenty-eight hundred ninety-nine-k of this article.

30 (b) One of the witnesses shall be an adult who is not:

31 (i) a relative of the patient by blood, marriage or adoption;

32 (ii) a person who at the time the request is signed would be entitled  
33 to any portion of the estate of the patient upon death under any will or  
34 by operation of law; or

35 (iii) an owner, operator or employee of a health care facility where  
36 the patient is receiving treatment or is a resident.

37 (c) The attending physician, consulting physician and, if applicable,  
38 the mental health professional who provides a capacity determination of  
39 the patient under this article shall not be a witness.

40 4. No person shall qualify for medical aid in dying under this article  
41 solely because of age or disability.

42 § 2899-f. Attending physician responsibilities. 1. The attending  
43 physician shall:

44 (a) make the determination of whether a patient has a terminal  
45 illness, has capacity, has made an informed decision and has made the  
46 request voluntarily and without coercion;

47 (b) inform the patient of the requirement under this article for  
48 confirmation by a consulting physician, and refer the patient to a  
49 consulting physician upon the patient's request;

50 (c) refer the patient to a mental health professional pursuant to  
51 section twenty-eight hundred ninety-nine-i of this article if the  
52 attending physician believes that the patient lacks capacity to make an  
53 informed decision;

54 (d) provide information and counseling under section twenty-nine  
55 hundred ninety-seven-c of this chapter;

(e) ensure that the patient is making an informed decision by discussing with the patient: (i) the patient's medical diagnosis and prognosis; (ii) the potential risks associated with taking the medication to be prescribed; (iii) the probable result of taking the medication to be prescribed; (iv) the possibility that the patient may choose to obtain the medication but not take it; and (v) the feasible alternatives or additional treatment opportunities, including but not limited to palliative care and hospice care;

(f) discuss with the patient the importance of:

(i) having another person present when the patient takes the medication; and

(ii) not taking the medication in a public place;

(g) inform the patient that he or she may rescind the request for medication at any time and in any manner;

(h) fulfill the medical record documentation requirements of section twenty-eight hundred ninety-nine-j of this article; and

(i) ensure that all appropriate steps are carried out in accordance with this article before writing a prescription for medication.

2. Upon receiving confirmation from a consulting physician under section twenty-eight hundred ninety-nine-h of this article and subject to section twenty-eight hundred ninety-nine-i of this article, the attending physician who makes the determination that the patient has a terminal illness, has capacity and has made a request for medication as provided in this article, may personally, or by referral to another physician, prescribe or order appropriate medication in accordance with the patient's request under this article, and at the patient's request, facilitate the filling of the prescription and delivery of the medication to the patient.

3. In accordance with the direction of the prescribing or ordering physician and the consent of the patient, the patient may self-administer the medication to himself or herself. A health care professional or other person shall not administer the medication to the patient.

§ 2899-g. Right to rescind request; requirement to offer opportunity to rescind. 1. A patient may at any time rescind his or her request for medication under this article without regard to the patient's capacity.

2. A prescription for medication may not be written without the attending physician offering the qualified individual an opportunity to rescind the request.

§ 2899-h. Consulting physician responsibilities. Before a patient who is requesting medication may receive a prescription for medication under this article, a consulting physician must:

1. examine the patient and his or her relevant medical records;

2. confirm, in writing, to the attending physician: (a) that the patient has a terminal illness; (b) that the patient is making an informed decision; (c) that the patient has capacity, or provide documentation that the consulting physician has referred the patient for a determination under section twenty-eight hundred ninety-nine-i of this article; and (d) that the patient is acting voluntarily and without coercion.

§ 2899-i. Referral to mental health professional. 1. If the attending physician or the consulting physician believes that the patient may lack capacity, the attending physician or consulting physician shall refer the patient to a mental health professional for a determination of whether the patient has capacity. The referring physician shall advise the patient that the report of the mental health professional will be provided to the attending physician and the consulting physician.

2. A mental health professional who evaluates a patient under this section shall report, in writing, to the attending physician and the consulting physician, his or her conclusions about whether the patient has capacity to make an informed decision. If the mental health professional determines that the patient lacks capacity to make an informed decision, the patient shall not be deemed a qualified individual, and the attending physician shall not prescribe medication to the patient.

§ 2899-j. Medical record documentation requirements. An attending physician shall document or file the following in the patient's medical record:

1. the dates of all oral requests by the patient for medication under this article;

2. the written request by the patient for medication under this article;

3. the attending physician's diagnosis and prognosis, determination of capacity, and determination that the patient is acting voluntarily and without coercion, and has made an informed decision;

4. if applicable, written confirmation of capacity under section twenty-eight hundred ninety-nine-i of this article; and

5. a note by the attending physician indicating that all requirements under this article have been met and indicating the steps taken to carry out the request, including a notation of the medication prescribed or ordered.

§ 2899-k. Form of written request and witness attestation. 1. A request for medication under this article shall be in substantially the following form:

REQUEST FOR MEDICATION TO END MY LIFE

I, \_\_\_\_\_, am an adult who has capacity, which means I understand and appreciate the nature and consequences of health care decisions, including the benefits and risks of and alternatives to any proposed health care, and to reach an informed decision and to communicate health care decisions to a physician.

I am suffering from \_\_\_\_\_, which my attending physician has determined is a terminal illness, which has been medically confirmed by a consulting physician.

I have been fully informed of my diagnosis and prognosis, the nature of the medication to be prescribed and potential associated risks, the expected result, and the feasible alternatives or treatment opportunities including palliative care and hospice care.

I request that my attending physician prescribe medication that will end my life if I choose to take it, and I authorize my attending physician to contact another physician or any pharmacist about my request.

INITIAL ONE:

( ) I have informed or intend to inform my family of my decision.

( ) I have decided not to inform my family of my decision.

( ) I have no family to inform of my decision.

I understand that I have the right to rescind this request or decline to use the medication at any time.

I understand the importance of this request, and I expect to die if I take the medication to be prescribed. I further understand that although most deaths occur within three hours, my death may take longer, and my attending physician has counseled me about this possibility.

I make this request voluntarily, and without being coerced, and I accept full responsibility for my actions.

1 Signed: \_\_\_\_\_

2 Dated: \_\_\_\_\_

3 DECLARATION OF WITNESSES

4 I declare that the person signing this "Request for Medication to End  
5 My Life":

6 (a) is personally known to me or has provided proof of identity;

7 (b) voluntarily signed the "Request for Medication to End My Life" in  
8 my presence or acknowledged to me that he or she signed it; and

9 (c) to the best of my knowledge and belief, has capacity and is not  
10 being coerced to sign the "Request for Medication to End My Life".

11 I am not the attending physician or consulting physician of the person  
12 signing the "Request for Medication to End My Life" or, if applicable,  
13 the mental health professional who provides a capacity determination of  
14 the person signing the "Request for Medication to End My Life" at the  
15 time the "Request for Medication to End My Life" was signed.

16 Witness 1, Date: \_\_\_\_\_

17 Witness 2, Date: \_\_\_\_\_

18 NOTE: Only one of the two witnesses may (i) be a relative (by blood,  
19 marriage or adoption) of the person signing the "Request for Medication  
20 to End My Life", (ii) be entitled to any portion of the person's estate  
21 upon death under any will or by operation of law, or (iii) own, operate,  
22 or be employed at a health care facility where the person is receiving  
23 treatment or is a resident.

24 2. (a) The "Request for Medication to End My Life" shall be written in  
25 the same language as any conversations, consultations, or interpreted  
26 conversations or consultations between a patient and at least one of his  
27 or her attending or consulting physicians.

28 (b) Notwithstanding paragraph (a) of this subdivision, the written  
29 "Request for Medication to End My Life" may be prepared in English even  
30 when the conversations or consultations or interpreted conversations or  
31 consultations were conducted in a language other than English if the  
32 English language form includes an attached declaration by the interpret-  
33 er of the conversation or consultation, which shall be in substantially  
34 the following form:

35 INTERPRETER'S DECLARATION

36 I, ~~[insert name of interpreter]~~, am fluent in English and  
37 ~~[insert target language]~~.

38 On ~~[insert date]~~, at approximately ~~[insert time]~~, I read the "Request  
39 for Medication to End My Life" to ~~[name of patient]~~ in ~~[insert target~~  
40 language].

41 ~~[Name of patient]~~ affirmed to me that he/she understood the content of  
42 the "Request for Medication to End My Life" and affirmed his/her desire  
43 to sign the "Request for Medication to End My Life" voluntarily and  
44 without coercion and that the request to sign the "Request for Medica-  
45 tion to End My Life" followed discussions with his/her attending and  
46 consulting physicians.



1 I declare that I am fluent in English and ~~[insert target language]~~ and  
2 further declare under penalty of perjury that the foregoing is true and  
3 correct and that false statements made herein are punishable.

4 Executed at ~~[insert city, county and state]~~ on this ~~[insert day of~~  
5 month] of ~~[insert month], [insert year].~~

6 ~~[Signature of Interpreter]~~

7 ~~[Printed name of Interpreter]~~

8 ~~[Address of Interpreter]~~

9 \_\_\_\_\_  
10 (c) An interpreter whose services are provided under paragraph (b) of  
11 this subdivision shall not (i) be related to the patient who signs the  
12 "Request for Medication to End My Life" by blood, marriage or adoption,  
13 (ii) be entitled at the time the "Request for Medication to End My Life"  
14 is signed by the patient to any portion of the estate of the patient  
15 upon death under any will or by operation of law, or (iii) be an owner,  
16 operator or employee of a health care facility where the patient is  
17 receiving treatment or is a resident.

18 § 2899-l. Protection and immunities. 1. A physician, pharmacist, other  
19 health care professional or other person shall not be subject to civil  
20 or criminal liability or professional disciplinary action by any govern-  
21 ment entity for taking any reasonable good-faith action or refusing to  
22 act under this article, including, but not limited to: (a) engaging in  
23 discussions with a patient relating to the risks and benefits of end-of-  
24 life options in the circumstances described in this article, (b) provid-  
25 ing a patient, upon request, with a referral to another health care  
26 provider, (c) being present when a qualified individual self-administers  
27 medication, (d) refraining from acting to prevent the qualified individ-  
28 ual from self-administering such medication, or (e) refraining from  
29 acting to resuscitate the qualified individual after he or she self-ad-  
30 ministers such medication.

31 2. Nothing in this section shall limit civil or criminal liability for  
32 negligence, recklessness or intentional misconduct.

33 § 2899-m. Permissible refusals and prohibitions. 1. (a) A physician,  
34 nurse, pharmacist, other health care provider or other person shall not  
35 be under any duty, by law or contract, to participate in the provision  
36 of medication to a patient under this article.

37 (b) If a health care provider is unable or unwilling to participate in  
38 the provision of medication to a patient under this article and the  
39 patient transfers care to a new health care provider, the prior health  
40 care provider shall transfer or arrange for the transfer, upon request,  
41 of a copy of the patient's relevant medical records to the new health  
42 care provider.

43 2.(a) A private health care facility may prohibit the prescribing,  
44 dispensing, ordering or self-administering of medication under this  
45 article while the patient is being treated in or while the patient is  
46 residing in the health care facility if:

47 (i) the prescribing, dispensing, ordering or self-administering is  
48 contrary to a formally adopted policy of the facility that is expressly  
49 based on sincerely held religious beliefs or moral convictions central  
50 to the facility's operating principles; and

1 (ii) the facility has informed the patient of such policy prior to  
2 admission or as soon as reasonably possible.

3 (b) Where a facility has adopted a prohibition under this subdivision,  
4 if a patient who wishes to use medication under this article requests,  
5 the patient shall be transferred promptly to another health care facili-  
6 ty that is reasonably accessible under the circumstances and willing to  
7 permit the prescribing, dispensing, ordering and self-administering of  
8 medication under this article with respect to the patient.

9 3. Where a health care facility has adopted a prohibition under this  
10 subdivision, any health care provider or employee of the facility who  
11 violates the prohibition may be subject to sanctions otherwise available  
12 to the facility, provided the facility has previously notified the  
13 health care provider or employee of the prohibition in writing.

14 § 2899-n. Relation to other laws and contracts. 1. (a) A patient who  
15 requests medication under this article shall not, because of that  
16 request, be considered to be a person who is suicidal, and self-adminis-  
17 tering medication under this article shall not be deemed to be suicide,  
18 for any purpose.

19 (b) Action taken in accordance with this article shall not be  
20 construed for any purpose to constitute suicide, assisted suicide,  
21 attempted suicide, promoting a suicide attempt, mercy killing, or homi-  
22 cide under the law, including as an accomplice or accessory or other-  
23 wise.

24 2. (a) No provision in a contract, will or other agreement, whether  
25 written or oral, to the extent the provision would affect whether a  
26 person may make or rescind a request for medication or take any other  
27 action under this article, shall be valid.

28 (b) No obligation owing under any contract shall be conditioned or  
29 affected by the making or rescinding of a request by a person for medi-  
30 cation or taking any other action under this article.

31 3. (a) A person and his or her beneficiaries shall not be denied bene-  
32 fits under a life insurance policy for actions taken in accordance with  
33 this article.

34 (b) The sale, procurement or issuance of a life or health insurance or  
35 annuity policy, or the rate charged for a policy may not be conditioned  
36 upon or affected by a patient making or rescinding a request for medica-  
37 tion under this article.

38 4. An insurer shall not provide any information in communications made  
39 to a patient about the availability of medication under this article  
40 absent a request by the patient or by his or her attending physician  
41 upon the request of such patient. Any communication shall not include  
42 both the denial of coverage for treatment and information as to the  
43 availability of medication under this article.

44 5. The sale, procurement, or issue of any professional malpractice  
45 insurance policy or the rate charged for the policy shall not be condi-  
46 tioned upon or affected by whether the insured does or does not take or  
47 participate in any action under this article.

48 § 2899-o. Safe disposal of unused medications. The department shall  
49 make regulations providing for the safe disposal of unused medications  
50 prescribed, dispensed or ordered under this article.

51 § 2899-p. Death certificate. 1. If otherwise authorized by law, the  
52 attending physician may sign the qualified individual's death certifi-  
53 cate.

54 2. The cause of death listed on a qualified individual's death certifi-  
55 cate who dies after self-administering medication under this article  
56 will be the underlying terminal illness.



1     § 2899-q. Reporting. 1. The commissioner shall annually review a  
2 sample of the records maintained under section twenty-eight hundred  
3 ninety-nine-j of this article. The commissioner shall adopt regulations  
4 establishing reporting requirements for physicians taking action under  
5 this article to determine utilization and compliance with this article.  
6 The information collected under this section shall not constitute a  
7 public record available for public inspection and shall be confidential  
8 and collected and maintained in a manner that protects the privacy of  
9 the patient, his or her family, and any health care provider acting in  
10 connection with such patient under this article, except that such infor-  
11 mation may be disclosed to a governmental agency as authorized or  
12 required by law relating to professional discipline, protection of  
13 public health or law enforcement.

14     2. The commissioner shall prepare a report annually containing rele-  
15 vant data regarding utilization and compliance with this article and  
16 shall post such report on the department's website.

17     § 2899-r. Penalties. 1. Nothing in this article shall be construed to  
18 limit professional discipline or civil liability resulting from conduct  
19 in violation of this article, negligent conduct, or intentional miscon-  
20 duct by any person.

21     2. Conduct in violation of this article shall be subject to applicable  
22 criminal liability under state law, including, where appropriate and  
23 without limitation, offenses constituting homicide, forgery, coercion,  
24 and related offenses, or federal law.

25     § 2899-s. Severability. If any provision of this article or any appli-  
26 cation of any provision of this article, is held to be invalid, or to  
27 violate or be inconsistent with any federal law or regulation, that  
28 shall not affect the validity or effectiveness of any other provision of  
29 this article, or of any other application of any provision of this arti-  
30 cle, which can be given effect without that provision or application;  
31 and to that end, the provisions and applications of this article are  
32 severable.

33     § 3. This act shall take effect immediately.