

Assembly Resolution No. 1315

**BY:** M. of A. Rules (Cusick)

**MEMORIALIZING** Governor Andrew M. Cuomo to proclaim  
June 6, 2018, as Global Running Day in the State of  
New York

**WHEREAS,** It is the sense of this Legislative Body to acknowledge  
days which promote healthy living and exercise; and

**WHEREAS,** Attendant to such concern, and in full accord with its  
long-standing traditions, this Legislative Body is justly proud to  
memorialize Governor Andrew M. Cuomo to proclaim June 6, 2018, as Global  
Running Day in the State of New York, in conjunction with the observance  
of Global Running Day; and

**WHEREAS,** The observance of a National Day for Running began on June  
3, 2009; since its inception, the day has been held on the first  
Wednesday of June; and

**WHEREAS,** Global Running Day is an international initiative of the  
major organizations within the running industry to promote running as a  
healthy, easy, and accessible form of exercise; and

**WHEREAS,** From New York to San Diego, London to Tokyo, Mumbai to  
Prague, and every city, town and village across the globe, the day will  
celebrate the benefits of running as part of a healthy and active  
lifestyle aimed at combating some of today's most pressing health  
issues; and

**WHEREAS,** Individuals from the State of New York can participate in  
Global Running Day by simply getting out and running; whether it is with  
a group or alone, an individual or a family, Global Running Day is the  
perfect time to start fresh with new fitness goals; and

**WHEREAS,** It is fitting to set aside days which encourage a healthy  
lifestyle for kids and seniors, and, in doing so, enhance the health and  
welfare of the entire State of New York; now, therefore, be it

**RESOLVED,** That this Legislative Body pause in its deliberations to  
memorialize Governor Andrew M. Cuomo to proclaim June 6, 2018, as Global  
Running Day in the State of New York; and be it further

**RESOLVED,** That a copy of this Resolution, suitably engrossed, be  
transmitted to The Honorable Andrew M. Cuomo, Governor of the State of  
New York.