

Assembly Resolution No. 1313

**BY:** M. of A. Rules (Brabenec)

**MEMORIALIZING** Governor Andrew M. Cuomo to proclaim  
Tuesday, August 21, 2018, as Onion Appreciation Day  
in the State of New York

**WHEREAS,** The agricultural industry of the State of New York is highly benefited by the active promotion of farming endeavors and agricultural products; and

**WHEREAS,** It is the sense of this Legislative Body to memorialize Governor Andrew M. Cuomo to proclaim Tuesday, August 21, 2018, as Onion Appreciation Day in the State of New York; and

**WHEREAS,** The 21st day in August of every year is the official commencement date of onion harvest season in this great Empire State; and

**WHEREAS,** The nutritional value of onions have been held in high esteem throughout recorded history, having been used in nearly every cuisine around the globe; and

**WHEREAS,** Perceived to be one of the oldest known vegetables, onions are among the first cultivated crops, are easy to grow, do well in a wide range of soils and climates, are less perishable than many other vegetables, and have grown wild in many regions throughout the world; and

**WHEREAS,** Food historians estimate man has been cultivating onions for approximately 5,000 years; it is also estimated our ancestors feasted on wild onions for thousands of years before the inventions of farming and writing; and

**WHEREAS,** Onions have numerous medicinal purposes, some of which include the treatment of coughs, colds, wounds, ulcers, and hypertension; and

**WHEREAS,** Modern research supports a surprising array of ancient allium-related health claims; according to researchers in the United States and India, onions also kill the germs that cause tooth decay; and

**WHEREAS,** An absolute asset to society, onions contain at least 25 identified active disease combating compounds that, like garlic, possess antibacterial, antifungal, and immune enhancing properties which may explain their efficacy in warding off colds as well as relieving upset stomachs; they also appear to lower blood pressure and cholesterol, inhibit growth of cancer cells, reduce stroke risk, and assist in preventing heart disease; and

**WHEREAS,** All of our Nation's farmers, particularly the onion farmers of the State of New York, deserve the recognition, support, and appreciation of all the citizens of this great Empire State; now,

therefore, be it

**RESOLVED,** That this Legislative Body pause in its deliberations to memorialize Governor Andrew M. Cuomo to proclaim Tuesday, August 21, 2018, as Onion Appreciation Day in the State of New York; and be it further

**RESOLVED,** That a copy of this Resolution, suitably engrossed, be transmitted to The Honorable Andrew M. Cuomo, Governor of the State of New York.