STATE OF NEW YORK

6227

2025-2026 Regular Sessions

IN SENATE

March 6, 2025

Introduced by Sen. MARTINEZ -- read twice and ordered printed, and when printed to be committed to the Committee on Women's Issues

AN ACT to amend the education law, in relation to including menstrual disorders in the health education curriculum in public schools

The People of the State of New York, represented in Senate and Assembly, do enact as follows:

Section 1. The education law is amended by adding a new section 804-e to read as follows:

§ 804-e. Health education; menstrual disorders. The commissioner may promulgate rules and regulations for a health education curriculum to include instruction regarding menstrual disorders, including but not limited to, endometriosis. The contents of such curriculum may include information regarding the timing, signs and symptoms of endometriosis and other menstrual disorders; the importance of menstrual health and its impacts on one's physical, emotional, social, and academic life; basic statistics on endometriosis and other menstrual disorders; best practices on how to be one's own healthcare advocate; basic treatment options for endometriosis and other menstrual disorders; and other information deemed necessary by the commissioner.

§ 2. This act shall take effect on the first of July next succeeding the date on which it shall have become a law.

EXPLANATION--Matter in *italics* (underscored) is new; matter in brackets [-] is old law to be omitted.

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