Assembly Resolution No. 22

BY: M. of A. Steck

CONGRATULATING Fayth Goodspeed of Niskayuna High School upon the occasion of capturing the Girls 100 Yard Breaststroke title at the NYSPHSAA Girls Swimming and Diving Championship on November 23, 2024

WHEREAS, Individual and team championships are highly sought after in high school sports; this Legislative Body commends rare athletic achievements and pays special recognition to those who pursue such excellence and become examples for the youth of this great Empire State; and

WHEREAS, Athletic competition helps to enhance both the moral and physical development of young athletes, preparing them for the future by instilling in them the importance of teamwork, encouraging a standard of healthy living, and developing a sense of fair play and competition; and

WHEREAS, This Legislative Body is justly proud to congratulate high school junior Fayth Goodspeed upon the occasion of capturing the Girls 100 Yard Breaststroke title at the NYSPHSAA Girls Swimming and Diving Championship on November 23, 2024, held at the Webster High School Aquatic Center in Webster, New York; and

WHEREAS, Earning the first Niskayuna girls swimming state championship since 2012, Fayth Goodspeed defeated Fox Lane High School 's Annabel Smith by 62 hundredths of a second, in a time of 1:03.17 on her way to the title; and

WHEREAS, Following her State Championship, Fayth Goodspeed competed in the NI STAR Short Course Winter Invitational in Buffalo New York, where she finished in first place in both the Girls 100 Yard Breaststroke and 200 Yard Breaststroke, garnering an overall State Ranking of 12th for the Class of 2026 on the website - Swimcloud; and

WHEREAS, Prior to her success at the state level, Fayth Goodspeed won the NYSPHSAA Section 2, Division 1 Championship, with a time of 1:05.31 on November 8, 2024, in Clifton Park, New York in front of a capacity crowd and a fan base of family, friends, and teammates; and

WHEREAS, The athletic talent displayed by Fayth Goodspeed is due in great part to the efforts of Coach Amanda Nappi, the team's expert coaching staff, and skilled and inspirational tutors, respected for their ability to develop potential into excellence; and

WHEREAS, Fayth Goodspeed 's overall record is outstanding; she was loyally and enthusiastically supported by her family, teammates, friends and the community at large throughout her journey; and

WHEREAS, For her outstanding meet season, Fayth Goodspeed was recognized by the Times Union, a longtime Capital Region newspaper as

the 2024 Girls' Swimming and Diving Athlete of the Year; and

WHEREAS, Sports competition instills the values of teamwork, pride, and accomplishment, and Fayth Goodspeed has clearly made a contribution to the spirit of excellence which is a tradition of her school; now, therefore, be it

RESOLVED, That this Legislative Body pause in its deliberations to congratulate Fayth Goodspeed upon the occasion of capturing the Girls 100 Yard Breaststroke title at the NYSPHSAA Girls Swimming and Diving Championship on November 23, 2024; and be it further

RESOLVED, That copies of this Resolution, suitably engrossed, be transmitted to Fayth Goodspeed, Coach Amanda Nappi, and Niskayuna High School Athletic Director Larry Gillooley.