

BY: Senator PERSAUD

MEMORIALIZING Governor Kathy Hochul proclaim March 2026, as Blood Clot Awareness Month in the State of New York

WHEREAS, It is the custom of this Legislative Body to help increase awareness of serious health conditions that affect the lives of citizens of New York State; and

WHEREAS, Attendant to such concern, and in full accord with its long-standing traditions, it is the sense of this Legislative Body to memorialize Governor Kathy Hochul to proclaim March 2026, as Blood Clot Awareness Month in the State of New York, in conjunction with the observance of National Blood Clot Awareness Month; and

WHEREAS, Blood clots are a major health threat in New York State and around the country; and

WHEREAS, Every March, Blood Clot Awareness Month provides cardiovascular health care professionals with an opportunity to refresh their knowledge, and help patients better understand-and reduce-their risk; and

WHEREAS, When a blood vessel is damaged, the body responds to stop the bleeding by the formation of a blood clot (thrombus) of platelets, proteins, and blood cells; when bleeding stops and the body heals, the thrombus typically breaks down and is removed by the body; and

WHEREAS, Sometimes, thrombi form when they are not needed or do not dissolve as they should; this can cause a decrease or blockage in blood flow; and

WHEREAS, When a thrombus or a piece of thrombus breaks off from where it is formed and travels to another part of the body where it blocks blood flow, it is called an embolism; an embolism is life-threatening and may cause a stroke, heart attack, or other complications; and

WHEREAS, According to the National Blood Clot Alliance, every minute someone is diagnosed with a blood clot and every six minutes a blood clot kills someone; and

WHEREAS, Blood clots do not discriminate by age, gender, ethnicity or race; they affect everyone, including infants, young children, teenagers, people in middle age and senior citizens; across New York State, they affect people from all walks of life; and

WHEREAS, Blood clots are the number one killer of new mothers in childbirth; and

WHEREAS, Blood clots affect people being treated for cancer and

other chronic diseases, and people undergoing joint replacement surgery and other surgical procedures; and

WHEREAS, Blood clots can be triggered by a genetic predisposition or by lengthy immobility; they can affect the more than five million Americans with heartbeat problems, which places them at heightened risk of a clot in the heart that can travel to the brain and cause stroke and death; and

WHEREAS, Blood clots are the leading cause of hospital readmissions at an estimated cost of more than \$10 billion of the \$16 billion expended in the treatment of blood clots at hospitals nation- wide; and

WHEREAS, Many of the risks for life-threatening blood clots increase as people age and so too will the public health challenge; and

WHEREAS, Fortunately, many blood clots can be prevented but when they do occur, poor outcomes including death, disease and recurrence, can be preventable with early and accurate diagnosis and management; and

WHEREAS, It is imperative that there be greater awareness of this serious health condition, and more must be done to increase activity at the local, State and National levels; now, therefore, be it

RESOLVED, That this Legislative Body pause in its deliberations to memorialize Governor Kathy Hochul to proclaim March 2026, as Blood Clot Awareness Month in the State of New York; and be it further

RESOLVED, That a copy of this Resolution, suitably engrossed, be transmitted to The Honorable Kathy Hochul, Governor of the State of New York.