

**BY:** Senator TEDISCO

LEGISLATIVE RESOLUTION congratulating the Burnt Hills-Ballston Lake High School Girls Relay Team and Head Coach Megan James upon the occasion of capturing the 2023 New York State 4 x 400 Relay Title at the NYSPHSAA Indoor Track and Field Championships

**WHEREAS,** Individual and team championships are highly sought after in high school sports; this Legislative Body commends rare athletic achievements and pays special recognition to those who pursue such excellence and become examples for the youth of this great Empire State; and

**WHEREAS,** Athletic competition helps to enhance both the moral and physical development of young athletes, preparing them for the future by instilling in them the importance of teamwork, encouraging a standard of healthy living, and developing a sense of fair play and competition; and

**WHEREAS,** This Legislative Body is justly proud to congratulate the Burnt Hills-Ballston Lake High School Girls Relay Team and Head Coach Megan James upon the occasion of capturing the 2023 New York State 4 x 400 Relay Championship on Saturday, March 4, 2023, at the Ocean Breeze Athletic Complex in Staten Island; and

**WHEREAS,** To the praise and applause of their excited fans, the Spartans were able to surmount their opponents at the NYSPHSAA Indoor Track and Field Championships to procure another state title; and

**WHEREAS,** These are uncharted waters for the Burnt Hills-Ballston Lake High School Girls Relay Team, who won their first ever title at Indoor States competition; and

**WHEREAS,** Demonstrating speed and superlative teamwork, the Burnt Hills-Ballston Lake High School foursome won the 4 x 400, with an outstanding time of 3:59.02, which broke a school record; and

**WHEREAS,** Proudly donning the school's colors of maroon and white, family, friends, and the community at large loyally supported the Spartans throughout their journey as the team also won Section 2, Division 2 Championship race, and the Section 2 State Qualifier race; and

**WHEREAS,** In a sport such as Track and Field, which demands speed, agility, and mental fortitude, Head Coach Megan James and her skilled coaching staff worked hard to hone the skills of this championship team, teaching these outstanding athletes lessons which will prove invaluable both on and off the course; and

**WHEREAS,** Head Coach Megan James and all of the outstanding athletes on the Burnt Hills-Ballston Lake High School Girls Relay Team have

clearly utilized dedication, determination and teamwork in providing a lasting contribution to the spirit of excellence which is a tradition of their school; now, therefore, be it

**RESOLVED,** That this Legislative Body pause in its deliberations to congratulate the members of the Burnt Hills-Ballston Lake High School Girls Relay Team: Samantha Torres, Cassidy Robleno, Alexandra O'Rourke and Mia Paolino; Head Coach Megan James, and Assistant Coaches Matt Shell and Eric Freestone on their truly legendary and successful season; and be it further

**RESOLVED,** That copies of this Resolution, suitably engrossed, be transmitted to the members of Burnt Hills-Ballston Lake High School Girls Relay Team, Head Coach Megan James, the aforementioned Assistant Coaches, Athletic Director Joe Scalise, Principal Timothy Brunson and Superintendent Patrick McGrath, Jr.