

BY: Senator HELMING

CONGRATULATING Sophie Pollack upon the occasion of capturing the 185-pound Division wrestling title at the first ever NYSPHSAA Girls State Wrestling Invitational on January 27, 2023

WHEREAS, Individual and team championships are highly sought after in high school sports; this Legislative Body commends rare athletic achievements and pays special recognition to those who pursue such excellence and become examples for the youth of this great Empire State; and

WHEREAS, Athletic competition helps to enhance both the moral and physical development of young athletes, preparing them for the future by instilling in them the importance of teamwork, encouraging a standard of healthy living, and developing a sense of fair play and competition; and

WHEREAS, This Legislative Body is justly proud to congratulate Sophie Pollack, a member of the Canandaigua Braves Women's Wrestling team, upon the occasion of capturing the 185-pound Division wrestling title at the first ever NYSPHSAA Girls State Wrestling Invitational on Friday, January 27, 2023, at the SRC Arena and Events Center in Syracuse, New York; and

WHEREAS, In front of a capacity crowd and a fan base of family, friends and teammates, Sophie Pollack defeated all of her opponents via pin with the final lasting just 47 seconds; and

WHEREAS, In addition to this monumental win, Sophie Pollack placed fifth at the Fargo National Tournament and sixth at the US Open Tournament in Las Vegas; she is ranked in the Top 10 in the Country for Women's Wrestling and has paved the way for the future of women in the sport of wrestling; and

WHEREAS, For the past four years, Sophie Pollack has earned a varsity letter competing in girls' tournaments and dual matches against male wrestlers, and after graduating, she will wrestle for Delaware Valley University in Pennsylvania; and

WHEREAS, In a sport such as wrestling, which demands athletic prowess, speed and agility, Head Coach Eric Mullen worked hard to hone the skills of this champion, teaching this outstanding athlete lessons which will prove invaluable both on and off the mat; and

WHEREAS, Sophie Pollack, with the support of her parents, Jill Pollack and her father and stepmother Kevin and Jennifer Pollack, has clearly utilized dedication, determination and teamwork in providing a lasting contribution to the spirit of excellence which is a tradition of her school; now, therefore, be it

RESOLVED, That this Legislative Body pause in its deliberations to

congratulate Sophie Pollack upon the occasion of capturing the 185-pound Division wrestling title at the first ever NYSPHSAA Girls State Wrestling Invitational on January 27, 2023; and be it further

RESOLVED, That copies of this Resolution, suitably engrossed, be transmitted to Sophie Pollack, Head Coach Eric Mullen, Athletic Director Jim Simmons, and School Superintendent Jamie Farr.