

STATE OF NEW YORK

3104

2023-2024 Regular Sessions

IN ASSEMBLY

February 2, 2023

Introduced by M. of A. McDONALD -- read once and referred to the Committee on Insurance

AN ACT to amend the insurance law, in relation to including clinically necessary treatment for certain inpatient coverage

The People of the State of New York, represented in Senate and Assembly, do enact as follows:

1 Section 1. Paragraph 30 of subsection (i) of section 3216 of the
2 insurance law, as amended by section 5 of subpart A of part BB of chapter 57 of the laws of 2019, is amended to read as follows:

3 (30)(A) Every policy that provides hospital, major medical or similar
4 comprehensive coverage shall provide inpatient coverage for the diagnosis and treatment of substance use disorder, including detoxification
5 and rehabilitation services. Such inpatient coverage [~~shall~~] may include
6 [~~unlimited medically~~] clinically necessary treatment for substance use
7 disorder treatment services provided in residential settings at the
8 discretion of the service provider. Further, such inpatient coverage
9 shall not apply financial requirements or treatment limitations, including utilization review requirements, to inpatient substance use disorder
10 benefits that are more restrictive than the predominant financial
11 requirements and treatment limitations applied to substantially all
12 medical and surgical benefits covered by the policy.

13 (B) Coverage provided under this paragraph may be limited to facilities in New York state that are licensed, certified or otherwise authorized by the office of [~~alcoholism and substance abuse~~] addiction
14 services and supports and, in other states, to those which are accredited by the joint commission as alcoholism, substance abuse, or chemical
15 dependence treatment programs and are similarly licensed, certified or
16 otherwise authorized in the state in which the facility is located.

17 (C) Coverage provided under this paragraph may be subject to annual deductibles and co-insurance as deemed appropriate by the superintendent

EXPLANATION--Matter in italics (underscored) is new; matter in brackets [~~-~~] is old law to be omitted.

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1 and that are consistent with those imposed on other benefits within a
2 given policy.

3 (D) This subparagraph shall apply to facilities in this state that are
4 licensed, certified or otherwise authorized by the office of [~~alcoholism~~
5 ~~and substance abuse~~] addiction services and supports that are partic-
6 ipating in the insurer's provider network. Coverage provided under this
7 paragraph shall not be subject to preauthorization. Coverage provided
8 under this paragraph shall also not be subject to concurrent utilization
9 review during the first twenty-eight days of the inpatient admission
10 provided that the facility notifies the insurer of both the admission
11 and the initial treatment plan within two business days of the admis-
12 sion. The facility shall perform daily clinical review of the patient,
13 including periodic consultation with the insurer at or just prior to the
14 fourteenth day of treatment to ensure that the facility is using the
15 evidence-based and peer reviewed clinical review tool utilized by the
16 insurer which is designated by the office of [~~alcoholism and substance~~
17 ~~abuse~~] addiction services and supports and appropriate to the age of the
18 patient, to ensure that the inpatient treatment is [~~medically~~] clin-
19 ically necessary for the patient. Prior to discharge, the facility shall
20 provide the patient and the insurer with a written discharge plan which
21 shall describe arrangements for additional services needed following
22 discharge from the inpatient facility as determined using the evidence-
23 based and peer-reviewed clinical review tool utilized by the insurer
24 which is designated by the office of [~~alcoholism and substance abuse~~]
25 addiction services and supports. Prior to discharge, the facility shall
26 indicate to the insurer whether services included in the discharge plan
27 are secured or determined to be reasonably available. Any utilization
28 review of treatment provided under this subparagraph may include a
29 review of all services provided during such inpatient treatment, includ-
30 ing all services provided during the first twenty-eight days of such
31 inpatient treatment. Provided, however, [~~the~~] such utilization review
32 shall only be imposed to the extent the insurer's requirements are
33 permitted under the federal Paul Wellstone and Pete Domenici Mental
34 Health Parity and Addiction Equity Act of 2008 and applicable regu-
35 lations (29 U.S.C. § 1185a; 42 U.S.C. § 300gg-26; 45 C.F.R. Parts 146,
36 147). The insurer [~~shall~~] may only deny coverage for any portion of the
37 initial twenty-eight day inpatient treatment on the basis that such
38 treatment was not [~~medically~~] clinically necessary if such inpatient
39 treatment was [~~contrary to~~] not indicated by the evidence-based and peer
40 reviewed clinical review tool utilized by the insurer which is desig-
41 nated by the office of [~~alcoholism and substance abuse~~] addiction
42 services and supports. Any denial must specifically identify: (i) how
43 such treatment was not indicated by the office of addiction services and
44 supports designated clinical review tool; and (ii) how the policy
45 applied the office of addiction services and supports designated tool to
46 the outpatient substance use disorder care in a manner comparable to and
47 no more stringent than the policy's application of its clinical review
48 tool for outpatient medical and surgical benefits covered by the policy.
49 Any concurrent or retrospective review imposed by the plan, both as
50 written and as applied, must be consistent with the federal Paul Well-
51 stone and Pete Domenici Mental Health Parity and Addiction Equity Act of
52 2008 and applicable regulations (29 U.S.C. § 1185a; 42 U.S.C. § 300gg-
53 26; 45 C.F.R. Parts 146, 147). An insured shall not have any financial
54 obligation to the facility for any treatment under this subparagraph
55 other than any copayment, coinsurance, or deductible otherwise required
56 under the policy.

1 (E) An insurer shall make available to any insured, prospective
2 insured, or in-network provider, upon request, the criteria for
3 ~~medical~~ clinical necessity determinations under the policy with
4 respect to inpatient substance use disorder benefits.

5 (F) For purposes of this paragraph:

6 (i) "financial requirement" means deductible, copayments, coinsurance
7 and out-of-pocket expenses;

8 (ii) "predominant" means that a financial requirement or treatment
9 limitation is the most common or frequent of such type of limit or
10 requirement;

11 (iii) "treatment limitation" means limits on the frequency of treat-
12 ment, number of visits, days of coverage, or other similar limits on the
13 scope or duration of treatment and includes nonquantitative treatment
14 limitations such as: medical management standards limiting or excluding
15 benefits based on ~~medical~~ clinical necessity, or based on whether the
16 treatment is experimental or investigational; formulary design for
17 prescription drugs; network tier design; standards for provider admis-
18 sion to participate in a network, including reimbursement rates; methods
19 for determining usual, customary, and reasonable charges; fail-first or
20 step therapy protocols; exclusions based on failure to complete a course
21 of treatment; and restrictions based on geographic location, facility
22 type, provider specialty, and other criteria that limit the scope or
23 duration of benefits for services provided under the policy; ~~and~~

24 (iv) "substance use disorder" shall have the meaning set forth in the
25 most recent edition of the diagnostic and statistical manual of mental
26 disorders or the most recent edition of another generally recognized
27 independent standard of current medical practice, such as the interna-
28 tional classification of diseases~~-~~; and

29 (v) "clinical necessity" means both an individual's medical needs and
30 any social determinants of health that will promote such individual's
31 stability following discharge from treatment.

32 (G) An insurer shall provide coverage under this paragraph, at a mini-
33 mum, consistent with the federal Paul Wellstone and Pete Domenici Mental
34 Health Parity and Addiction Equity Act of 2008 (29 U.S.C. § 1185a).

35 § 2. This act shall take effect immediately.