BY: M. of A. Simotas

**MEMORIALIZING** Governor Andrew M. Cuomo to proclaim May 2017, as Borderline Personality Disorder Awareness Month in the State of New York

WHEREAS, Since 2008, May has been nationally recognized as Borderline Personality Disorder Awareness Month; and

WHEREAS, According to the National Institute of Health, the condition affects an estimated 5.9% of adults, approximately 14 million Americans; and

WHEREAS, Despite its prevalence, borderline personality disorder is still under-recognized, misunderstood, and highly stigmatized; and

WHEREAS, Borderline personality disorder is a serious psychological condition marked by severe difficulty in regulating emotions; and

WHEREAS, Borderline personality disorder can cause individuals to experience instability in self-image, behavior, and functioning and struggle with volatile interpersonal relationships, impulsivity, chronic feelings of emptiness, and intense fear of abandonment; and

WHEREAS, Individuals with borderline personality disorder who do not receive treatment are more likely to develop additional chronic medical conditions; and

WHEREAS, Borderline personality disorder is associated with high rates of self-harm and suicidal thoughts and actions; and

WHEREAS, Although today there are several evidence-based treatments available which can significantly reduce symptoms of borderline personality disorder, issues of under-diagnosis, misperceptions, and social stigma continue to delay and prevent recovery for many individuals; and

WHEREAS, Greater education among family members, health care professionals, and the general public is critical to eliminating barriers to care and improving outcomes for patients with borderline personality disorder; and

WHEREAS, New Yorkers living with borderline personality disorder deserve compassion and support, and increasing awareness is key to addressing this public health issue and enabling those affected to live healthy, fulfilling lives; now, therefore, be it

**RESOLVED,** That this Legislative Body pause in its deliberations to memorialize Governor Andrew M. Cuomo to proclaim May 2017, as Borderline Personality Disorder Awareness Month in the State of New York; and be it further

**RESOLVED,** That a copy of this Resolution, suitably engrossed, be transmitted to The Honorable Andrew M. Cuomo, Governor of the State of New York.