

3137--C

2013-2014 Regular Sessions

I N   S E N A T E

January 30, 2013

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Introduced by Sen. KRUEGER -- read twice and ordered printed, and when printed to be committed to the Committee on Health -- committee discharged, bill amended, ordered reprinted as amended and recommitted to said committee -- committee discharged, bill amended, ordered reprinted as amended and recommitted to said committee -- committee discharged, bill amended, ordered reprinted as amended and recommitted to said committee

AN ACT to amend the public health law and the insurance law, in relation to developing a maternal depression screening and referral plan for the state, and providing maternal depression education

THE PEOPLE OF THE STATE OF NEW YORK, REPRESENTED IN SENATE AND ASSEMBLY, DO ENACT AS FOLLOWS:

1     Section 1. The public health law is amended by adding a new section  
2     2500-k to read as follows:  
3     S 2500-K. MATERNAL DEPRESSION. 1. DEFINITIONS.     AS USED IN THIS  
4     SECTION:  
5     (A) "MATERNAL DEPRESSION" MEANS A WIDE RANGE OF EMOTIONAL AND PSYCHO-  
6     LOGICAL REACTIONS A WOMAN MAY EXPERIENCE DURING PREGNANCY OR AFTER  
7     CHILDBIRTH. THESE REACTIONS MAY INCLUDE, BUT ARE NOT LIMITED TO, FEEL-  
8     INGS OF DESPAIR OR EXTREME GUILT, PROLONGED SADNESS, LACK OF ENERGY,  
9     DIFFICULTY CONCENTRATING, FATIGUE, EXTREME CHANGES IN APPETITE, AND  
10    THOUGHTS OF SUICIDE OR OF HARMING THE BABY. MATERNAL DEPRESSION MAY  
11    INCLUDE PRENATAL DEPRESSION, THE "BABY BLUES," POSTPARTUM DEPRESSION, OR  
12    POSTPARTUM PSYCHOSIS-THE SEVEREST FORM.  
13    (B) "MATERNAL HEALTH CARE PROVIDER" MEANS A PHYSICIAN, MIDWIFE, NURSE  
14    PRACTITIONER, OR PHYSICIAN ASSISTANT, OR OTHER HEALTH CARE PRACTITIONER  
15    ACTING WITHIN HIS OR HER LAWFUL SCOPE OF PRACTICE, ATTENDING A PREGNANT  
16    WOMAN OR A WOMAN UP TO ONE YEAR AFTER CHILDBIRTH, INCLUDING A PRACTI-  
17    TIONER ATTENDING THE WOMAN'S CHILD UP TO ONE YEAR AFTER CHILDBIRTH.  
18    2. MATERNAL DEPRESSION SCREENING. (A) THE COMMISSIONER, IN CONSULTA-  
19    TION WITH THE COMMISSIONER OF MENTAL HEALTH, SHALL ESTABLISH

EXPLANATION--Matter in *ITALICS* (underscored) is new; matter in brackets [ ] is old law to be omitted.

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1 EVIDENCE-BASED GUIDELINES FOR MATERNAL DEPRESSION SCREENING FOR USE BY  
2 MATERNAL HEALTH CARE PROVIDERS AND PEDIATRIC PRIMARY CARE PROVIDERS. IN  
3 DEVELOPING GUIDELINES UNDER THIS SECTION, THE COMMISSIONER AND THE  
4 COMMISSIONER OF MENTAL HEALTH SHALL CONSULT APPROPRIATE MATERNAL HEALTH  
5 CARE PROVIDERS. SUCH GUIDELINES SHALL INCLUDE, BUT NOT BE LIMITED TO:

6 (I) THE IDENTIFICATION OF SUGGESTED VALIDATED, EVIDENCE-BASED DIAGNOS-  
7 TIC TOOLS TO BE USED FOR MATERNAL DEPRESSION SCREENING;

8 (II) THE ROUTINE EMPLOYMENT OF VALIDATED, EVIDENCE-BASED MATERNAL  
9 DEPRESSION SCREENING TOOLS AT REGULAR INTERVALS DURING PREGNANCY AND  
10 AFTER CHILDBIRTH; AND

11 (III) AN APPROPRIATE REFERRAL MECHANISM FOR PATIENTS WHO REQUIRE  
12 FURTHER EVALUATION, SERVICES, OR TREATMENT.

13 (B) MATERNAL DEPRESSION SCREENING AND REFERRAL MAY INCLUDE COMMUNI-  
14 CATION WITH THE FATHER OF THE CHILD AND OTHER FAMILY MEMBERS, AS APPRO-  
15 PRIATE AND CONSISTENT WITH PATIENT CONFIDENTIALITY.

16 3. REFERRALS FOR MATERNAL DEPRESSION TREATMENT. THE COMMISSIONER SHALL  
17 MAKE AVAILABLE A LIST OF PROVIDERS FOR TREATMENT OF MATERNAL DEPRESSION,  
18 INCLUDING SUPPORT GROUPS AND SERVICES PROVIDED BY NOT-FOR-PROFIT ORGAN-  
19 IZATIONS.

20 4. THE COMMISSIONER SHALL MAKE ANY REGULATIONS NECESSARY TO IMPLEMENT  
21 THIS SECTION.

22 S 2. Subdivision 1 of section 207 of the public health law is amended  
23 by adding a new paragraph (i) to read as follows:

24 (I) MATERNAL DEPRESSION, INCLUDING EDUCATION, SCREENING, REFERRAL  
25 SERVICES, AND POSSIBLE OPTIONS FOR TREATMENT.

26 S 3. Subdivision 1 of section 2803-j of the public health law, as  
27 amended by chapter 62 of the laws of 1996, is amended to read as  
28 follows:

29 1. The commissioner shall require that every hospital and birth center  
30 shall prepare in printed or photocopied form and distribute at the time  
31 of pre-booking directly to each prospective maternity patient and, upon  
32 request, to the general public an informational leaflet. Such leaflet  
33 shall be designed by the commissioner and shall contain brief defi-  
34 nitions of maternity related procedures and practices as specified in  
35 subdivision two of this section and such other material as deemed appro-  
36 priate by the commissioner. Hospitals and birth centers may also elect  
37 to distribute additional explanatory material along with the maternity  
38 patients informational leaflet. THE COMMISSIONER SHALL MAKE THE INFORMA-  
39 TION LEAFLETS AVAILABLE ON THE DEPARTMENT'S WEBSITE.

40 S 4. Subdivision 1-b of section 2803-j of the public health law, as  
41 added by chapter 647 of the laws of 1997, is amended to read as follows:

42 1-b. The informational leaflet shall also include information relating  
43 to the physical and mental health of the maternity patient after  
44 discharge from the hospital, including, but not limited to, information  
45 about MATERNAL AND post-partum depression. THE COMMISSIONER SHALL  
46 PERFORM A REVIEW OF INFORMATION ON MATERNAL AND POST-PARTUM DEPRESSION  
47 IN INFORMATIONAL LEAFLETS, IN COLLABORATION WITH THE COMMISSIONER OF  
48 MENTAL HEALTH, TO EVALUATE THE CONTENTS FOR ADDRESSING ALL FORMS OF  
49 MATERNAL AND POST-PARTUM DEPRESSION, AND IDENTIFYING RESOURCES FOR  
50 OBTAINING HELP FOR THE PATIENTS AND THEIR FAMILIES. ALL INFORMATION ON  
51 MATERNAL AND POST-PARTUM DEPRESSION IN INFORMATIONAL LEAFLETS SHALL BE  
52 MADE AVAILABLE TO PATIENTS IN THE TOP SIX LANGUAGES SPOKEN IN THE STATE,  
53 OTHER THAN ENGLISH, ACCORDING TO THE LATEST AVAILABLE DATA FROM THE  
54 UNITED STATES CENSUS BUREAU.

1 S 5. Paragraph (b) of subdivision 1 of section 2803-n of the public  
2 health law, as added by chapter 56 of the laws of 1996, is amended to  
3 read as follows:

4 (b) Maternity care shall also include, at minimum, parent education,  
5 assistance and training in breast or bottle feeding, EDUCATION ON MATER-  
6 NAL DEPRESSION AND MATERNAL DEPRESSION SCREENING AND REFERRAL, and the  
7 performance of any necessary maternal and newborn clinical assessments.  
8 Notwithstanding this requirement, nothing in this paragraph is intended  
9 to result in the hospital charging any amount for such services in addi-  
10 tion to the applicable charge for the maternity inpatient hospital  
11 admission.

12 S 6. The insurance law is amended by adding a new section 3217-g to  
13 read as follows:

14 S 3217-G. MATERNAL DEPRESSION SCREENINGS. NO INSURER SUBJECT TO THIS  
15 ARTICLE SHALL BY CONTRACT, WRITTEN POLICY OR PROCEDURE LIMIT A PATIENT  
16 INSURED'S DIRECT ACCESS TO SCREENING AND REFERRAL FOR MATERNAL  
17 DEPRESSION FROM A PROVIDER OF OBSTETRICAL, GYNECOLOGIC, OR PEDIATRIC  
18 SERVICES.

19 S 7. This act shall take effect on the one hundred eightieth day after  
20 it shall have become a law; provided that (a) section six of this act  
21 shall apply to contracts entered into, amended or delivered on or after  
22 the first of January after this act becomes a law; and (b) effective  
23 immediately, the addition, amendment and/or repeal of any rule or regu-  
24 lation necessary for the implementation of this act on its effective  
25 date is authorized and directed to be made and completed by the commis-  
26 sioner of health on or before such effective date.